

## Sunday

9:30 am	A Wake Up Call - O,D,60-90min - 121 Acoma St ( <i>treatment facility</i> )
10:00 am	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
11:00 am	Living Proof - O,D - 238 S Broadway, Denver ( <i>coffee house</i> )
2:30 pm	Message of Hope - O - 1290 S Potomac St, Aurora ( <i>treatment facility</i> )
5:00 pm	NA Matinee - O,D - 7100 W Mississippi Ave ( <i>church</i> )
6:15 pm	Keeping It Clean - O,D,WA,SP last Sun - 1693 N. Quentin St, Aurora
7:00 pm	Clean & Serene - O,D,WA,SPPR,90min - 2100 N Wadsworth Blvd
7:00 pm	Sunday Evening on the Hill - C,WA,rotating format- 1400 Lafayette St. ( <i>use main entrance, meet on lower level</i> )
8:00 pm	Ain't Dead Yet! - O,D,WA - 8085 E Hampden
10:30 pm	Blues Breakers- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)

## Monday

5:00 am	Sam Red Eye - O,D,WA - 1212 Mariposa St., Denver
7:00 am	Earlybirds - O,D - 7100 W Mississippi, Lakewood
7:00 am	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	Bring Your Own Lunch - O,D,WA - 5400 S Yosemite
Noon	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	This Ain't Therapy - O,D,LS,WA - 1660 N Sherman St
5:30 pm	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
6:00 pm	Continued Deflation - O,D - 809 S Washington
6:00 pm	Take The Highway - 2290 S Clayton St
6:30 pm	Free Today - O,D,WA - 1750 Egbert St, Brighton ( <i>ambulance bldg</i> )
7:30 pm	Awesome, Totally Fun, You Gotta Come! - O,D,Y - 8505 S Valley Hwy, Englewood (Stmnt Ministry Bldg, 2nd Fl, Singles Rm.)
7:30 pm	Together We Can - O,D,WA - 8817 S Broadway, Highlands Ranch
7:30 pm	Southern Serenity - O,D,WA,75min - 11805 S Pine Dr, Parker ( <i>downstairs, rm #114, use SW entrance, .5mi S of Hilltop</i> )
7:30 pm	Golden Group - C,D,WA,90min - 13th & Arapahoe, Golden ( <i>SW crnr</i> )
8:00 pm	Surrender To Win - O,D,BK,IP - 3315 N Gilpin St ( <i>treatment facility</i> )
8:00 pm	Ain't Dead Yet! - ST,WA,TR last Monday - 8085 E Hampden
10:30 pm	Blues Breakers- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)

## Tuesday

5:00 am	Sam Red Eye - O,D,WA - 1212 Mariposa St., Denver
7:00 am	Earlybirds - O,D - 7100 W Mississippi, Lakewood
Noon	Bring Your Own Lunch - O,D,WA - 5400 S Yosemite
Noon	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	This Ain't Therapy - O,D,LS,WA - 1660 N Sherman St
5:30 pm	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
5:45 pm	Don't Know Diddley - O,D - 11th & Fillmore
6:30 pm	Humble Lights - O,D,WA,CC,75min - 5707 S Simms St, Littleton
6:30 pm	Free Today - O,D,WA,LS - 1750 Egbert St, Brighton ( <i>ambulance bldg</i> )
7:00 pm	Peace Out West - O,D,WA,Women - 2100 N Wadsworth, Lakewood ( <i>church</i> )
7:30pm	The Basic Meeting - O,D,WA - 10101 Ridgeway Pkwy, Lonetree ( <i>hospital, main entrance, lower level</i> )
7:30 pm	Solo Por Hoy - O,D,Spanish - 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
7:30 pm	Free At Last - O,D - 3585 W 76th (76th & Lowell)
7:30 pm	Chair's Choice - O,D - 1450 Airport Blvd, Aurora
8:00 pm	Gimme The Text - O,D,ST,WA - 9th & Emerson ( <i>W entr</i> )
8:00 pm	Ain't Dead Yet! - O,D,BEG,WA - 8085 E Hampden
10:30 pm	Blues Breakers- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)

## Wednesday

5:00 am	Sam Red Eye - O,D,WA - 1212 Mariposa St., Denver
7:00 am	Earlybirds - O,D - 7100 W Mississippi, Lakewood
7:00am	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	Bring Your Own Lunch - O,D,ST,WA - 5400 S Yosemite
Noon	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	This Ain't Therapy - O,D,LS,WA - 1660 N Sherman St
5:30 pm	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
5:45 pm	On The Way Home - O,SP,D - 8081 E Orchard Rd, Greenwood Village
6:00 pm	2nd Chance- O,D,WA - 7520 E Colfax, Unit B, Denver ( <i>treatment facility</i> )
6:30 pm	Breckenridge Here & Now - O,D - 310 Wellington, Breckenridge
7:00 pm	Gateway to Serenity - O,D,WA,SP 5th Wed - 14700 E Mississippi, Aurora (75 mins., Fellowship Hall in church)
7:00 pm	Just Can't Miss It - O,D,WA - 6750 Carr, Arvada ( <i>rm# bulliten board</i> )
7:00 pm	Ray of Light - O,D,LS last Wed, Gay Friendly - 1301 E Colfax Ave
7:00 pm	Hope Without Dope - C,D,WA,CC,90min - 3000 S Wadsworth ( <i>SP &amp; potluck last Wednesdays, entr south side, downstairs</i> )
7:30 pm	A Woman's Turning Point -O,D,Women,WA,Child Friendly- 7100 W. Mississippi ( <i>church</i> )
8:00 pm	Ain't Dead Yet! - O,D,WA - 8085 E Hampden
8:00 pm	Surrender To Win - O,D - 3315 N Gilpin St ( <i>treatment facility</i> )
8:00 pm	Gimme Three Steps - O,D,BEG,ST,WA - 9th & Emerson ( <i>W entr</i> )
10:30 pm	Blues Breakers- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)

## Thursday

5:00 am	Sam Red Eye - O,D,WA - 1212 Mariposa St., Denver
7:00 am	Earlybirds - O,D - 7100 W Mississippi, Lakewood
Noon	Bring Your Own Lunch - O,D,WA - 5400 S Yosemite
Noon	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	This Ain't Therapy - O,D,LS,WA - 1660 N Sherman St
4:30 pm	Ca Ro NA - O,D,WA - 3737 New Hope Way, Castle Rock (Meadows Pkwy and Prairie Hawk Dr)
5:30 pm	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
5:45 pm	BYOG - O,D,WA - 3601 S Sherman St, Englewood ( <i>bookstore</i> )
6:30 pm	Free Today - O,D,WA - 1750 Egbert St, Brighton ( <i>ambulance bldg</i> )
6:30 pm	Razor's Edge - O,D,WA - 12795 Hwy 285, Conifer
7:30 pm	Sisters in Recovery - O,D,Women - 1402 Pearl St ( <i>backdoor</i> )
7:30 pm	Southern Serenity - O,D,WA,75min - 11805 S Pine Dr, Parker ( <i>downstairs, rm #114, use SW entrance, .5mi S of Hilltop</i> )
7:30 pm	Natural High - O,D,WA,SP 3rd Thurs,90min - 8817 S Broadway, Highlands Ranch ( <i>room 128</i> )
7:30 pm	Welcome Home - O,D,75min - 2025 Kipling ( <i>basement</i> )
7:30 pm	Chair's Choice - O,D - 1450 Airport Blvd, Aurora
7:30 pm	Young At Heart - O,D,WA,90 mins.,Y - 1630 E 14th Ave ( <i>enter basement, south side</i> )
7:30 pm	Mee'n Up North - O,D,WA - 3101 E 100th Ave ( <i>100th &amp; Steele, back door downstairs - WA use front</i> )
7:30 pm	Ain't Dead Yet! - O,D,WA,90min,LS,SPPR - 8085 E Hampden
10:30 pm	Blues Breakers- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)

## Friday

5:00 am	Sam Red Eye - O,D,WA - 1212 Mariposa St., Denver
7:00 am	Earlybirds - O,D - 7100 W Mississippi, Lakewood
7:00 am	No Matter What- O,D-1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	Not High At Noon - O,D,WA - 2100 N Wadsworth Blvd, Lakewood ( <i>chapel, South side of parking lot</i> )
Noon	Bring Your Own Lunch - O,D,WA - 5400 S Yosemite
Noon	No Matter What - O,D - 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	This Ain't Therapy - O,D,LS,WA - 1660 N Sherman St
5:30 pm	No Matter What - O,D - 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
5:45 pm	T.G.I.F. - O,D,WA - 1280 Vine
5:45 pm	Unconscious Meeting - O,D - 11th & Fillmore
6:00 pm	Kickin it Clean in The Castle - O,D,WA,Y,BEG - 3737 New Hope Way, Castle Rock (Meadows Pkwy and Prairie Hawk Dr)
6:30 pm	You Me and HP - O,D,LS - 5707 S. Simms St., Littleton
7:15 pm	Clean & Serene - O,SP,WA - 2100 N Wadsworth Blvd, Lakewood ( <i>south of parking lot</i> )
7:30 pm	Clean and Crazy in Castle Rock - O,D,WA - 3737 New Hope Way, Castle Rock (Meadows Pkwy and Prairie Hawk Dr)
7:30 pm	Finding The Way - O,D,,BEG,WA - 3400 Lutheran Pkwy ( <i>trtmnt facility</i> )
7:30 pm	Southern Serenity - O,D,CC,WA - 11805 S Pine Dr, Parker ( <i>downstairs, rm #114, use SW entrance, .5mi S of Hilltop</i> )
8:00 pm	Ain't Dead Yet! - O,D,WA - 8085 E Hampden
8:00 pm	Recovery In Principles - O,D,SPPR,90min - 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
8:00 pm	Surrender To Win - O,D,SP last Fri,90min - 3315 N Gilpin St ( <i>treatment facility</i> )
8:00 pm	NAFL - O,D,Candlelight - 3500 S Logan (East entr)
8:00 pm	5th Tradition Group - O,WA,BEG,SP 1st Fridays - 2162 Lawrence St ( <i>treatment facility</i> )
10:30 pm	Blues Breakers- O,D-1510 Glen Ayr Dr, #12, Lkwood (90 min,8800 West)

## Saturday

7:00 am	Earlybirds - O,D - 7100 W Mississippi, Lakewood
10:30 am	Primary Purpose - O,D - 11th & Fillmore
Noon	No Matter What - O,D - 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
3:00 pm	A Woman's Touch - O,D,Women, Child Friendly - 1450 N Airport Blvd ( <i>church</i> ), Aurora
5:00pm	NA Matinee - O,D - 7100 W Mississippi Ave ( <i>church</i> )
6:30 pm	Free Today - O,D,WA - 1750 Egbert St, Brighton ( <i>ambulance bldg</i> )
6:30 pm	No Matter What- O,L,SP last Sat-1510 Glen Ayr Dr, #12, Lakewood (8800 West, 90 mins.)
7:00 pm	Ray of Light - O,D,WA,SP 1st Sat, Gay Friendly - 9th & Emerson ( <i>W entr</i> )
7:00 pm	12 Alarm Recovery - O,D,SP 1st Sat,90min - 1959 N Hwy 83, Franktown ( <i>Parker Rd @ Franktown Firehouse board room</i> )
7:15 pm	Uptown Steppers - O,D - 3315 Gilpin ( <i>use side entr</i> )
7:30 pm	High in Recovery - O,D (SP & potluck last Saturday of month) - 219 Mountain View Dr., Leadville
8:00 pm	Saturday Night Live - O,D,WA - 3500 S Logan ( <i>NW entr</i> )
8:00 pm	Ain't Dead Yet! - O,D,WA,SP 3rd Sat - 8085 E Hampden
10:30 pm	Blues Breakers- O,D-1510 Glen Ayr Dr, Unit 12, Lakewood (90 min,8800 West)

BEG = Beginners Meeting  
C = Closed Meeting Addicts Only  
CC = Child Care

D = Discussion  
LS = Literature Study  
NHB = No Handicap Bath

O = Open Meeting  
Spanish = Spanish Speaking  
SP = Speaker Meeting

SPPR = Spiritual Principles  
ST = Step Study  
TR = Tradition Study

TS = Text Study  
WA = Wheelchair Accessible  
Y = Young People

THE TWELVE STEPS OF  
NARCOTICS ANONYMOUS

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible.

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

"NA has no opinion on outside issues; hence the NA name ought never be drawn into public controversy." *Tradition 10*

Narcotics Anonymous is NOT affiliated with any outside organizations or enterprises, and has no connection whatsoever to the locations where N.A. meetings are held including but not limited to: religious or political organizations, hospitals, institutions, treatment programs, correctional facilities, private clubs and/or individual enterprises.

NARCOTICS ANONYMOUS,  
Chapter Five What Can I Do - pages 53-54

A meeting a day for at least the first ninety days of recovery is a good idea. There is a special feeling for addicts when they discover that there are other people who share their difficulties, past and present. At first we can do little more than attend meetings. Probably we cannot remember a single word, person or thought from our first meeting. In time, we can relax and enjoy the atmosphere of recovery. Meetings strengthen our recovery. We may be scared at first because we don't know anyone. Some of us think that we don't need meetings. However, when we hurt, we go to a meeting and find relief. Meetings keep us in touch with where we've been, but more importantly with where we could go in our recovery. As we go to meetings regularly, we learn the value of talking with other addicts who share our problems and goals. We have to open up and accept the love and understanding that we need in order to change. When we become acquainted with the Fellowship and its principles and begin to put them into action, we start to grow. We apply effort to our most obvious problems and let go of the rest. We do the job at hand, and as we progress, new opportunity for improvement present themselves.

Our new friends in the Fellowship will help us. Our common effort is recovery. Clean, we face the world together. We no longer have to feel backed into a corner, at the mercy of events and circumstances. It makes a difference to have friends who care if we hurt. We find our place in the Fellowship, and we join a group whose meetings help us in our recovery. We have been untrustworthy for so long that most of our friends and families will doubt our recovery. At meetings we can share with other addicts, ask questions and learn about our disease. We learn new ways to live. We are no longer limited to our old ideas.

Gradually, we replace old habits with new ways of living. We become willing to change. We go to meetings regularly, get and use telephone numbers, read literature, and most importantly, we don't use. We learn to share with others. If we don't tell someone we are hurting, they will seldom see it. When we reach out for help, we can receive it.



Mile High Area Service Committee  
Narcotics Anonymous

Mile High Area Meeting List  
Winter 2012

To Talk To a Recovering Addict  
Denver Metro Help & Info:  
**(303) 832-DRUG (3784)**

Se Habla Español  
or visit the website

[www.nadenver.com](http://www.nadenver.com)

Event information,  
Area Service and Meeting Schedules online

Boulder Help & Info:  
(303) 412-2884

Colorado Springs Help & Info:  
(719) 637-1580

Ft. Collins, Estes Park, & Loveland:  
(970) 282-8079

Grand Junction and Western Slope  
(970) 201-1133

For Meeting Lists outside Denver Metro  
[www.nacolorado.org/meetings](http://www.nacolorado.org/meetings)

Mile High Area Service Committee & Sub Committee Meetings

- MHASC Meeting..... 1st Sunday of each month 2:00p 1212 Mariposa
- H&I..... 1st Sunday of each month 10:00a 1212 Mariposa
- H&I Training..... 1st Sunday of even months 11:30a 1212 Mariposa
- Phone Line..... 1st Sunday of each month 12:00p 1212 Mariposa
- Phone Line Training... 1st Sunday of each month 1:00p 1212 Mariposa
- Outreach..... 1st Sunday of each month 12:00p 1212 Mariposa
- Pl..... 1st Sunday of each month 12:00p 1212 Mariposa
- Activities..... 1st Sunday of each month 5:00p 1212 Mariposa
- Training..... 1st Sunday of each month 1:00p 1212 Mariposa