

Sunday

9:30 am	A Wake Up Call — O,D,60-90min - 121 Acoma St (<i>treatment facility</i>)
10:00 am	Keep It Simple — O,D,WA - 10111 W 26th Ave (WA back entr)
11:00 am	Living Proof — O,D - 1395 S Sheridan Blvd Unit G
5:00 pm	The Men's Meeting — O,D,WA,Men - 10111 W 26th Ave (<i>Only meets 1st Sunday of the month, WA back entr</i>)
6:00 pm	NA Matinee — O,D - 1395 S Sheridan Blvd Unit G
6:15pm	Keeping It Clean — O,D,WA - 1693 N. Quentin St, Aurora
7:00 pm	Clean & Serene — O,D,WA,CC,SPPR90min - 2100 N Wadsworth Blvd, Lakewood
8:00 pm	Ain't Dead Yet! — O,D,WA - 8085 E Hampden
10:30 pm	Blues Breakers — O,D - 1395 S Sheridan Blvd Unit G

Monday

7:00 am	Earlybirds — O,D - 7100 W Mississippi, Lakewood
Noon	Spare Time — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
Noon	This Ain't Therapy — O,D - 1395 S Sheridan Blvd Unit G
Noon	Bring Your Own Lunch — O,D,WA - 5400 S Yosemite
5:30 pm	Happy Hour — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
6:00 pm	Continued Deflation — O,D - 809 S Washington
6:00 pm	NA Matinee — O,D,IP - 1395 S Sheridan Blvd Unit G
6:00 pm	Take The Highway — 2290 S Clayton St
7:30 pm	Together We Can — O,D,WA - 8817 S Broadway, Highlands Ranch (<i>NW outside corner room</i>)
7:30 pm	Southern Serenity — O,D,WA,75min - 11805 S Pine Dr, Parker (<i>downstairs, .5mi S of Hilltop</i>)
7:30 pm	Golden Group — C,D,WA,90min - 13th & Arapahoe, Golden (<i>SW crnr</i>)
8:00 pm	Surrender To Win — O,D,BK,IP - 3400 Albion St (<i>back door</i>)
8:00 pm	Ain't Dead Yet! — ST,WA,TR last Monday - 8085 E Hampden
10:30 pm	Blues Breakers — O,D - 1395 S Sheridan Blvd, Unit G

Tuesday

7:00 am	Earlybirds — O,D - 7100 W Mississippi, Lakewood
Noon	This Ain't Therapy — O,D - 1395 S Sheridan Blvd Unit G
Noon	Bring Your Own Lunch — O,D,WA - 5400 S Yosemite
Noon	A Nooner — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
5:30 pm	Happy Hour — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
5:45 pm	Don't Know Diddley — O,D - 11th & Fillmore
6:00 pm	Focus on Recovery — O,D,WA,Women - 8085 E Hampden
6:00 pm	NA Matinee — O,D - 1395 S Sheridan Blvd Unit G
6:30 pm	Humble Lights — O,D,WA,CC,75min - 12755 W Cedar Dr, Lakewood (<i>Child Care, north doors</i>)
7:00 pm	BYBT - Bring Your Basic Text — O,D,TS - 3401 W 29th Ave (NW corner, entr alley)
7:00 pm	Peace Out West — O,D,WA,Women - 10111 W 26th Ave (<i>Only meets 3rd Tuesday of the month, WA back entr</i>)
7:30pm	Awesome, Totally Fun, You Gotta Come! — O,D,Youth - 10101 Ridgeway Pkwy, Lonetree (<i>hospital, main entrance, lower level</i>)
7:30 pm	Spoons are for Coffee — O - 1395 S Sheridan Blvd Unit G
7:30 pm	Free At Last — O,D - 3585 W 76th (<i>76th & Lowell</i>)
7:30 pm	Chair's Choice — O,D - 1450 Airport Blvd, Aurora
8:00 pm	Gimme The Text — O,D,ST,WA - 9th & Emerson (<i>W entr</i>)
8:00 pm	Ain't Dead Yet! — O,D,BEG,WA - 8085 E Hampden
10:30 pm	Blues Breakers — O,D - 1395 S Sheridan Blvd, Unit G

Wednesday

7:00 am	Earlybirds — O,D - 7100 W Mississippi, Lakewood
Noon	This Ain't Therapy — O,D - 1395 S Sheridan Blvd Unit G
Noon	Bring Your Own Lunch — O,D,ST,WA - 5400 S Yosemite
Noon	Not High at Noon — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
5:30 pm	Happy Hour — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
5:45 pm	On The Way Home — O,SP,D - 8081 E Orchard Rd, Greenwood Village
6:00 pm	NA Matinee — O,D - 1395 S Sheridan Blvd Unit G
6:30 pm	Breckenridge Here & Now — O,D - 310 Wellington, Breckenridge
6:45 pm	Tradition Study Plus — O,D,TR,WA - 10111 W 26th Ave (<i>WA back entr</i>)
7:00 pm	Gateway to Serenity — O,D,WA - 14700 E Mississippi, Aurora (<i>rm 123</i>)
7:00 pm	Just Can't Miss It — O,D,WA - 6750 Carr, Arvada (<i>rm# bulliten board</i>)
7:00 pm	Surrender and Recovery — O,D,WA - 1422 Colorado Blvd, Idaho Springs (<i>1 house east of church</i>)
7:00 pm	Ray of Light — O,D,LS last Wed,Gay Friendly - 1050 Broadway (<i>2nd floor library</i>)
7:00 pm	Hope Without Dope — C,D,SP,WA,90min - 3355 S Wadsworth #125 (<i>SP & potluck last Wednesdays, small mtg room</i>)
7:30 pm	A Woman's Turning Point — O,D,Women - 1395 S Sheridan Blvd Unit G
7:30 pm	Ain't Dead Yet! — O,D,WA,90min - 8085 E Hampden
8:00 pm	Surrender To Win — O,D - 3400 Albion St (<i>back door</i>)
8:00 pm	Gimme Three Steps — O,D,BEG,ST,WA - 9th & Emerson (<i>W entr</i>)
10:30 pm	Blues Breakers — O,D - 1395 S Sheridan Blvd Unit G

Thursday

7:00 am	Earlybirds — O,D - 7100 W Mississippi, Lakewood
Noon	Spare Time — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
Noon	This Ain't Therapy — O,D,WA - 1395 S Sheridan Blvd Unit G
Noon	Bring Your Own Lunch — O,D,WA - 5400 S Yosemite
4:30 pm	Never Again, Never Alone — O,D - 3737 New Hope Way, Castle Rock (<i>Meadows Pkwy and Prairie Hawk Dr</i>)
5:30 pm	Happy Hour — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
5:45 pm	BYOG — O,D,WA - 3601 S Sherman St, Englewood (<i>bookstore</i>)
6:00 pm	NA Matinee — ST,TR - 1395 S Sheridan Blvd Unit G
7:00 pm	The Mens Room — O,D,Men - 7100 W Mississippi, Lakewood
7:30 pm	Razor's Edge — O,D,WA - 12795 Hwy 285, Conifer
7:30 pm	Sisters in Recovery — O,D,Women - 1402 Pearl St (<i>backdoor</i>)
7:30 pm	Solo Por Hoy — O,D,Spanish - 1395 S Sheridan Blvd Unit G
7:30 pm	Southern Serenity — O,D,WA,75min - 11805 S Pine Dr, Parker (<i>downstairs, .5mi S of Hilltop</i>)
7:30 pm	Natural High — O,D,WA,SP 3rd Thurs,90min - 8817 S Broadway, Highlands Ranch (<i>room 128</i>)
7:30 pm	Welcome Home — O,D,75min - 2025 Kipling (<i>basement</i>)
7:30 pm	Chair's Choice — O,D - 1450 Airport Blvd, Aurora
7:30 pm	Young At Heart — O,D,WA,Y - 1630 E 14th Ave
7:30 pm	Meet'n Up North — O,D,WA - 3101 E 100th Ave (<i>100th & Steele, back door downstairs - WA use front</i>)
7:30 pm	Ain't Dead Yet! — O,D,WA,90min,LS,SPPR - 8085 E Hampden
10:30 pm	Blues Breakers — O,D - 1395 S Sheridan Blvd Unit G

Friday

7:00 am	Earlybirds — O,D - 7100 W Mississippi, Lakewood
Noon	This Ain't Therapy — O,D - 1395 S Sheridan Blvd Unit G
Noon	Bring Your Own Lunch — O,D,WA - 5400 S Yosemite
Noon	Not High at Noon — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
5:30 pm	Happy Hour — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
5:45 pm	T.G.I.F. — O,D,WA - 1280 Vine
5:45 pm	Unconscious Meeting — O,D - 11th & Fillmore
6:00 pm	NA Matinee — O,D,BK,WA - 1395 S Sheridan Blvd Unit G (<i>Speaker and Potluck last Friday</i>)
6:00 pm	Kickin it Clean in The Castle — O,D,Y - 3737 New Hope Way, Castle Rock (<i>Meadows Pkwy and Prairie Hawk Dr</i>)
6:30 pm	You Me and HP — O,L - 5707 S. Simms
7:15 pm	Clean & Serene — O,SP,WA,CC - 2100 N Wadsworth Blvd, Lakewood (<i>south of parking lot</i>)
7:30 pm	Clean and Crazy in Castle Rock — O,D - 3737 New Hope Way, Castle Rock (<i>Meadows Pkwy and Prairie Hawk Dr</i>)
7:30 pm	Finding The Way — O,D,WA - 3400 Lutheran Pkwy (<i>hospital</i>)
7:30 pm	Ain't Dead Yet! — O,D,WA,90min - 8085 E Hampden
7:30 pm	Southern Serenity — O,D,WA,75min - 11805 S Pine Dr, Parker (<i>downstairs, .5mi S of Hilltop</i>)
8:00 pm	Recovering In Principles — O,D,WA,SPPR,90min - 1395 S Sheridan Blvd Unit G
8:00 pm	Surrender To Win — O,D,SP last Fri,90min - 3400 Albion (<i>back door, NE corner</i>)
8:00 pm	NAFL — O,D,Candlelight - 3500 S Logan (East entr)
8:00 pm	Catch and Release — O,D,WA - 2255 S 88th St, Louisville (<i>hspitl</i>)
8:00 pm	5th Tradition Group — O,WA,BEG,SP 1st Fridays - 2162 Lawrence St (<i>treatment facility</i>)
10:30 pm	Blues Breakers — O,D,90min - 1395 S Sheridan Blvd Unit G

Saturday

7:00 am	Earlybirds — O,D - 7100 W Mississippi, Lakewood
10:30 am	Primary Purpose — O,D - 11th & Fillmore
Noon	A Nooner — O,D,WA - 10111 W 26th Ave (<i>WA back entr</i>)
Noon	HOW — O,D - 1395 S Sheridan Blvd Unit G
3:00 pm	A Woman's Touch — O,D,Women - 1450 N Airport Blvd, Aurora
6:00 pm	NA Matinee — O,D - 1395 S Sheridan Blvd Unit G
7:00 pm	Ray Of Light — O,D,WA,SP 1st Sat,Gay Friendly - 9th & Emerson (<i>W entr</i>)
7:00 pm	12 Alarm Recovery — O,D,SP 1st Sat,90min - 1959 N Hwy 83, Franktown (<i>parker rd @ firehouse museum</i>)
7:15 pm	Uptown Steppers — O,D - 3315 Gilpin (<i>use side entr</i>)
7:30 pm	High in Recovery — O,D - 219 Mountain View Dr., Leadville
8:00 pm	Saturday Night Live — O,D,WA - 3500 S Logan (<i>NW entr</i>)
8:00 pm	Ain't Dead Yet! — O,D,WA,SP 3rd Sat - 8085 E Hampden
10:30 pm	Blues Breakers — O,D,90min - 1395 S Sheridan Blvd Unit G

BEG = Beginners Meeting	O = Open Meeting	TR = Tradition Study
C = Closed Meeting Addicts Only	Spanish = Spanish Speaking	TS = Text Study
CC = Child Care	SP = Speaker Meeting	WA = Wheelchair Accessible
D = Discussion	SPPR = Spiritual Principles	Y = Young People
LS = Literature Study	ST = Step Study	ALL NON-SMOKING

THE TWELVE STEPS OF
NARCOTICS ANONYMOUS

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible.

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

"NA has no opinion on outside issues; hence the NA name ought never be drawn into public controversy." *Tradition 10*

Narcotics Anonymous is NOT affiliated with any outside organizations or enterprises, and has no connection whatsoever to the locations where N.A. meetings are held including but not limited to: religious or political organizations, hospitals, institutions, treatment programs, correctional facilities, private clubs and/or individual enterprises.

NARCOTICS ANONYMOUS,
Chapter Five What Can I Do - pages 53-54

A meeting a day for at least the first ninety days of recovery is a good idea. There is a special feeling for addicts when they discover that there are other people who share their difficulties, past and present. At first we can do little more than attend meetings. Probably we cannot remember a single word, person or thought from our first meeting. In time, we can relax and enjoy the atmosphere of recovery. Meetings strengthen our recovery. We may be scared at first because we don't know anyone. Some of us think that we don't need meetings. However, when we hurt, we go to a meeting and find relief. Meetings keep us in touch with where we've been, but more importantly with where we could go in our recovery. As we go to meetings regularly, we learn the value of talking with other addicts who share our problems and goals. We have to open up and accept the love and understanding that we need in order to change. When we become acquainted with the Fellowship and its principles and begin to put them into action, we start to grow. We apply effort to our most obvious problems and let go of the rest. We do the job at hand, and as we progress, new opportunity for improvement present themselves.

Our new friends in the Fellowship will help us. Our common effort is recovery. Clean, we face the world together. We no longer have to feel backed into a corner, at the mercy of events and circumstances. It makes a difference to have friends who care if we hurt. We find our place in the Fellowship, and we join a group whose meetings help us in our recovery. We have been untrustworthy for so long that most of our friends and families will doubt our recovery. At meetings we can share with other addicts, ask questions and learn about our disease. We learn new ways to live. We are no longer limited to our old ideas.

Gradually, we replace old habits with new ways of living. We become willing to change. We go to meetings regularly, get and use telephone numbers, read literature, and most importantly, we don't use. We learn to share with others. If we don't tell someone we are hurting, they will seldom see it. When we reach out for help, we can receive it.



Mile High Area Service Committee
Narcotics Anonymous

Mile High Area Meeting List

last updated Ferarch 7th 2010

To Talk To a Recovering Addict

Denver Metro Help & Info:
(303) 832-DRUG (3784)

Si Habla Español

or visit the website

www.nadenver.com

Event information,
Area Service and Meeting Schedules online

Boulder Help & Info:

(303) 412-2884

Colorado Springs Help & Info:

(719) 637-1580

Ft. Collins, Estes Park, & Loveland:

(970) 282-8079

Grand Junction and Western Slope

(970) 201-1133

For Meeting Lists outside Denver Metro

www.nacolorado.org/meetings

Mile High Area service Committee & Sub Committee Meetings

- MHASC Meeting..... 1st Sunday of each month 2:00p 1212 Mariposa
- H&I..... 2nd Sunday of each month 4:00p 1212 Mariposa
- H&I Training..... 2nd Sunday of even months 3:00p 1212 Mariposa
- Phone Line 2nd Sunday of each month Noon 1212 Mariposa
- Outreach 2nd Sunday of each month 2:00p 1212 Mariposa
- PI..... 1st Sunday of each month Noon 1212 Mariposa
- Activities..... 2nd Sunday of each month 5:00p 1212 Mariposa
- Training..... 1st Sunday of each month 1:00p 1212 Mariposa