

# Mile High Area Service Committee

**Meeting Minutes**

**October 1, 2006**

Meeting began at 2:02p.m. with a moment of silence followed by the Serenity Prayer.  
 “The 12 Concepts of Service” was read by Tim Mc.

## ATTENDANCE

### Administrative Committee

<b>Chairperson</b>	Dan		
<b>Vice-Chairperson</b>	Jerry		
<b>Secretary</b>	Karen W.		
<b>Treasurer</b>	Lindsay		
<b>RCMI</b>	Scotty F.		
<b>RCMII</b>	Joseph B		

### Subcommittees

<b>Activities Subcommittee</b>	James K.		
<b>CRCNA Liaison</b>	Tracy		
<b>Hospitals &amp; Institutions(H &amp; I)</b>	Jay Mc.		
<b>Literature Subcommittee</b>	Alan T.		
<b>Outreach Subcommittee</b>	Nick		
<b>Phone Line Subcommittee</b>	Brenda C.		
<b>Public Information Subcom.</b>	Dawn		
<b>Training Subcommittee</b>	Desiree		
<b>Website Subcommittee</b>	Michael		

### GSRs (25) Quorum=13

#	HOME GROUP	NAME	PHONE #	E-MAIL ADDRESS
1.	5 <sup>th</sup> Tradition	Kent C.		
2.	A Wake Up Call	Brian		
3.	Ain't Dead Yet	Mandy F.		
4.	Bring Your Own Lunch	Kerry W.		
5.	Clean & Serene	George D.		
6.	Don't Know Diddley/Unconscious Mtg.	Mike M.		
7.	Early Birds	Marcus N.		
8.	Free At Last	Jed W.		
9.	Gimme the Text//3 Steps	Eric E.		
10.	Happy Hour	Scotty F.		
11.	Hope Without Dope	Tim Mc.		
12.	HOW	Did not sign in		
13.	Humble Lights	Tammala W.		
14.	Living Proof	Randy K. Melissa (GSR-A)		
15.	Meet'n Up North	Perry L.		
16.	More Will Be Revealed	Michael		
17.	NA Matinee	Dan L.		
18.	Night Owls	Joseph B.		
19.	No Static for the Addict	Scotty F.		
20.	Ray of Light	Jim E.		
21.	Saturday Nite Live	Tim C.		

#	HOME GROUP	NAME	PHONE #	E-MAIL ADDRESS
22.	Sunday School	Danielle W.		
23.	Underground Recovery	Sarah Z.		
24.	Uptown Steppers	DeAndre Robin GSR-A		
25.	Welcome Home	Jerry		

### MONTHLY ANNOUNCEMENTS

- ❖ **NEXT MHASC MEETING: SUNDAY, NOVEMBER 5, 2005 @2:00pm**
- ❖ Please submit your group donations to the Treasurer within the first hour of this meeting.
- ❖ Please submit literature orders, they are only taken until the break of the meeting.
- ❖ There will be a workshop sponsored by The Colorado Regional Service entitled “**Sixth Edition Basic Text: Input & Review Workshop**” held at CRCNA, Saturday, October 7, 2006 @11:30am(flyer attached)
- ❖ **Halloween Dance**, Saturday, October 28, 2006 @ Lookout Mountain (flyer attached)
- ❖ **New Meeting @ 1740 William Street, Thursdays @8:00pm** (flyer attached)
- ❖ **Clean & Serene** has a new meeting place: All three Clean & Serene meetings will meet at their regular times and days, at: Holy Cross Lutheran Church, 4500 Wadsworth Blvd, Wheat Ridge. Enter from the parking lot."
- ❖ Hope Without Dope meetings have changed from 1 hour to 90 min.

**Approval of June minutes.**  
Minutes were approved.

### ADMINISTRATIVE OFFICER’S REPORTS

#### **Chairperson’s Report**

**Dan A.**

Chairperson’s report was read by Jerry.  
Hello all!

I am currently on vacation and I hope to see you all in Steamboat Springs at CRCNA XX. My thanks to Jerry for chairing this meeting today and to Karen and Lindsay for their hard work and dedication in preparing reports and minutes in preparation for my absence. I am confident that you will all do just fine without me.

I remind you that H&I, PI, Phone Line and Outreach will be meeting here after this Area Meeting because of CRCNA XX next weekend.

I welcome any suggestions as to how I can facilitate this body in accomplishing our primary purpose. My email address is [danthone@juno.com](mailto:danthone@juno.com). My cell phone number is 303-570-3342.

Next month’s meeting will be held on November 2, 2:00 P.M. at 1212 Mariposa.

*Thank you for letting me be of service. Dan A*

#### **Vice-Chairperson’s Report**

**Jerry**

Hello all,

I’m happy to report that it was a good month. I attended the region and a few meetings I haven’t been to yet. I’m really looking forward to CRCNA next weekend and I hope to see you all there. My number is (303) 332-4495 if anyone would like my help with anything. Thank you for letting me be of service. Jerry

#### **Secretary’s Report**

**Karen W.**

I have nothing to report, but I do have extra minutes for anyone who didn’t get any.

*Thank you for allowing me to be of service, Karen*

## Treasurer's Report

Lindsay

**Bank Statement:** Balances

**Bills Paid:** Qwest  
DICP x 2  
Public Storage

The following information was all in the minutes from September, but I would like to summarize it really quick, as we have to make decisions today about how much money we are going to pass down the service structure.

- ◆ The Ending Balance from last month was \$780.33, with \$1,515.54 in Emergency Reserve.
- ◆ Because October is the beginning of Quarter 2, and we have a different Q2 Emergency Reserve, I added the \$1,515.54 back into the balance, giving us an Ending Balance of \$2,295.87.
- ◆ I then subtracted our Emergency Reserve for Quarter 2 (\$1,151.54) giving us a Quarter 2 Opening Balance of **\$1,144.33** with an Emergency Reserve of **\$1,151.54**.
- ◆ Because we decided last month to carry over the Petty Cash Balance of \$227.63, I subtracted that from our Working Balance, leaving us with **\$916.70** to be passed down the service structure.

**One last thing, please help me keep track of our budget numbers by noting clearly on your requests for disbursement whether or not the requested amount is included in your budget.**

**10-2-06 Please note: for those who want to see exactly how much non-budgeted working capital we have at any one time, I have taken our ending balance (\$829.17), subtracted the Petty Cash Carryover from Q1 (meaning, essentially, that we have roughly \$300 available in Petty Cash), leaving our Discretionary Funds, which are over and above our budgeted amounts. Can't guarantee I will keep this practice up, as it seems unnecessary, but thought some might be interested in seeing it separated out this way. Maybe I'll keep it up for the quarter**

ILS, Your Treasurer, Lindsay

## RCM I

Scotty F.

I went to the Regional Meeting in September and introduced myself.

The main issue was CRCNA and they wanted me to bring back to Area to get out of groups if you want to be a part of reviewing our new Basic Text. There will be a workshop held at CRCNA, Saturday @11:30am.

## RCM II

Joseph B.

- 1) Phone line issue to be brought back to Areas
- 2) Regional Activities Website has many different events coming this holiday season—Please use the website for announcements and info for events
- 3) All RCM positions are filled.
- 4) CRCNA reported that all is well and merchandise has been ordered—main hotel is sold OUT.

## SUBCOMMITTEE REPORTS

### Activities Subcommittee

James K.

No report submitted.

### CRCNA Liaison

Tracy

No report submitted.

We had our last subcommittee meeting on September 10, 2006. We had 14 people in attendance along with 2 new volunteers. We spent time going over training so that the Panel Coordinators could train new volunteers before they come to an H&I Training class. This should streamline bringing new volunteers into facilities. We have put together a list of facilities that are looking for volunteers – not just a list of facilities we go into. I would like to see this list on the literature table of every meeting in the Mile High Area. This should make it easier for members of the fellowship to be directed to where they are most needed. We elected Al into the position of Panel Coordinator for Denver County Jail. Thanks Al.

As always, we are in need of volunteers at all levels. We need Panel Coordinators at Denver Health, Jefferson County Jail – Mens and Parker Valley Hope. We need panel members to go into several of our existing facilities as well as to help us with the new facilities that are requesting our support. Again – please look at the new list of facilities needing support. I urge all GSRs and others present here today put the word out. WE NEED VOLUNTEERS! We are in special need of female volunteers and younger members of the fellowship.

I would still like to coordinate a “Service Extravaganza” with the other subcommittees sometime after CRCNA. This would be a means for members of the fellowship to learn about many of the service opportunities available. As always I am looking for suggestions from any member of the fellowship about how to get and keep people interested in H&I service. *In loving service, Jay M*

### Literature Subcommittee

Alan T.

No report submitted.

### Outreach Subcommittee

Nick S.

The Outreach subcommittee meets at 1212 Mariposa St. the 2nd Sunday of the month at 5:00 pm.

I did not receive the numbers for letters received or sent nor the amount of books we sent from our correspondence person. Therefore I do not have that information for you.

Also last month we picked up letters late from the mail box and we just wanted Area to be aware of that.

We had no activity on "Meetings on Wheels" and no activity on "Adopt-a-Meeting" programs.

At our last meeting 5 people showed up.

*Thank you for letting me be of service Nick S.*

### Phone Line Subcommittee

Brenda C.

We have three new volunteers at this time, however, we still have four positions open. Monday morning, Wednesday morning, 6am-10am, Monday 10am-2pm and Friday 10am-2pm.

The Phone Line has a Vice-Chair and secretary positions open. The next subcommittee meeting is after This Area meeting today.

The information Coordinator has changed the meeting list regularly and the newest info is that Clean & Serene will temporarily meet October 7<sup>th</sup> speaker meeting Saturday @7:15pm and then Sun October 8<sup>th</sup> 7pm meeting; both will meet at 10111 26<sup>th</sup> W. Avenue.

I would like to meet with other subcommittee Chairs about a possible subcommittee extravaganza event and discuss where and when we could possibly meet. So when we take a break, hopefully we will get together to discuss the possibility. *Thank you for allowing me to be of service, Brenda C.*

### Public Information Subcommittee

Dawn S.

Hi, everyone –

This has been a very short month, so not much has happened since our last meeting.

Basically, we are working at getting racks filled with current meeting lists and literature.

Checked out Drug Court down at the City & County building that meets at 6p.m. each Tuesday. Got the schedule, and, apparently, NA hosts Drug Court the first Tuesday of each month, in rotation throughout the

month with other 12-step fellowships. Due to work conflict, I can't attend this Tuesday, but I do have two members who can. I did re-supply the literature with current meeting lists, some white books and other introductory IPs. If anyone is looking for a service commitment for once a month, this would be a great opportunity to spread the message of NA. Come see me!

We're looking at getting our media presence updated locally. One member is checking to see if we can get some mention during off-hours at Channel 9. We're updating listings in some community papers who will list our basic info for no cost.

Our next project will be to update the training manual, so we can get folks trained to do PI work and panels. Unfortunately, I haven't yet found a master copy of the manual, so I'm hoping it's on a CD that I'll get from Dan at CRCNA. Thanks for approving our budget so we can move forward with this. We'll give you a heads up when we start training, so those who are interested in this form of service can be a part of carrying the message.

Thanks for letting me serve. *In gratitude, Dawn S.*

**Below is PI Report for September, which was not submitted in time to be included in last month's minutes. I am included them in October's minutes because it contains important details of ongoing discussions and decisions that need to be made and shared with groups.**

**PI SEPTEMBER 2006 REPORT:**

Hi, all –

This is the month to renew the DEX Media listing at DEX Online. The cost for this Internet Web Link is \$29.95 per month. Because it is an annual commitment, it is one of this Area's "contracted" monthly expenses. It is our recommendation that we do not renew this listing. We believed that most people would be able to find us either through a Google search engine or elsewhere on the Net. We will still be listed alphabetically in the DEX Online listings, but we won't have an additional ad under the heading Drug Abuse Information.

In addition, we have an annual contract for a Yellow Pages box ad that will cost \$109.50 per month starting next December. We are suggesting a smaller, yet still bolded ad with our website listed as well. The monthly cost for this annual contract/listing will be approximately \$75 per month.

We were also contacted by Westword newspaper regarding advertising in their Backpage ad space. While this is probably a great target market for us, the ad cost, even with their best discount, is rather pricey. It would cost \$63 per week (which translates into \$252 per month) to run a 2-line ad that reads: DRUG PROBLEM? Call 303-832-DRUG. Since we would be saving around \$75 each month if we reduce our Yellow Pages/DEX presence, we may want to use that money to get our name out there in other venues/markets. So, we will keep this on the back burner to revisit in the future.

This month, we requested a quarterly budget for Oct/Nov/Dec of \$450 (which works out to \$150 per month) to cover costs of copies of Training Guides, posters, mailings and literature. This should be enough to cover us if we can get our Training Day set up for this fall.

We'd like to update and make revisions to the 832-DRUG poster – need to include the 303 prefix and our website, for example. We'd also like to see if we can make it more visually appealing. We will present a copy of it to this area prior to printing.

In our subcommittee meeting, we discussed that one study said that letters to professionals and health fairs were the best ways to reach the public about NA, so we plan to explore that aspect of PI more, such as researching what it would take to have a presence at the 9Health Fair this coming spring.

*Thanks for letting me serve. Dawn S.*

**Training Subcommittee**

**Desiree**

No report submitted.

**Website Subcommittee**

**Michael H.**

After last month's meeting I met with PI and helpline (phoneline) to ascertain what help the website committee could offer. **PI** we are crafting or reworking the PI page and planning to infuse IP text into the entire website to improve searchability e.g. Google. Thank you Dawn for your time and consideration to help improve

the website. **HELPLINE** a slight rework and addition to the helpline page is underway. Thank you Brenda and Kent for spending time with me.

I encourage the other subcommittees to step forward and offer up desired changes and/or ideas for the website.

This committee is now two people strong. Tim C stepped up to join the website committee. You rock Tim!

Today I delivered 1000 meeting list. 200 less than last month. I reduced the number because of all of the left over meeting lists last month (200-250). We are going offer a colored meeting list and change the color each month to help trusted servants keep our rooms up to date. **PLEASE CLEAR OUT YOUR OLD MEETING LISTS.**

No meeting additions or deletions since last meeting. I learned last month that all meetings are non-smoking. Therefore, I removed all S and NS meeting keys from our meetings and added a comment to the key that **ALL MEETINGS ARE NO SMOKING.** Here are the number of meetings per day in the Mile High Area. Sunday-10, Monday-14, Tuesday-16, Wednesday-20, Thursday-16, Friday-19, Saturday-13.

As always there is a meeting list change sheet going around. Please get that back to me. At any time please forward any changes via my contact information at the top of this report.

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#### Task Completed

1000 (not 1200) meeting lists provided.

#### Current Outstanding Tasks

1. Dose madam secretary and the administrative committee wish to have the treasury and literature sheets posted into the minutes?
2. Webstats – contacted regional web servant. Stat are not filterable to only represent MHA. Seeking solutions.
3. WSO meeting list - project is on going projected completion by EOY or before.
4. Send region meeting list changes. Monthly report to regional web servant.
5. Group reporting form - rebuild and post on *for trusted servants page*.
6. Subcommittee meeting schedule – I need the activities committee meeting place/schedule or whatever.
7. increase traffic to the website and make it as accessible as possible.

In loving service, Michael H.  
720.938.1330

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## **OLD BUSINESS**

- 1) Yellow Pages Ad: Old business from last month.. still not resolved. See Motion #1

## **NEW BUSINESS**

**Motion #:** 1-10/01/06

**Motion made By:** Dawn S.

**Motion Seconded By:** Mike M./Don't Know Diddley

**Motion:** That we discontinue the yellow pages ad and instead opt for the bold type and an internet pointer, reducing our monthly cost from \$109.50 to approximately \$75.

**Intent:** To reduce monthly expenses, while still maintaining a visible presence in the local yellow pages for those who may not know about Narcotics Anonymous.

**MOTION FAILED**

**For:** 7

**Against:** 14

**Abs:** 0

**Motion #: 2-10/01/06**

**Motion made By:** Robin W.

**Motion Seconded By:** Sara F./Welcome Home

**Motion:** .To remove all ads and keep the original listing given for free.

**Intent:** No intend given

**MOTION FAILED**

**For:** 6

**Against:** 14

**Abs:** 1

**Motion #: 3-10/01/06**

**Motion made By:** Kent C./5<sup>th</sup> Tradition

**Motion Seconded By:** Traci C./Hope w/o Dope

**Motion:** .That GSRs take the proposal for the yellow pages ad back to their groups and bring back to Area next month. P.I. will take no action either way except to find out what the deadline for the decision is.

**Intent:** For a large number of NA members to be involved in the decision

**MOTION PASSED BY CONSENSUS**

## **Discussions & Follow-Up Items**

- 1) Yellow Pages Ad: This follow-up item did not get resolved. Much discussion revolved around what to do regarding the renewal of the upcoming contract. The issue was brought back to groups. A sample of the two ads were circulated at Area. Many Area participants do not feel that we need to pay for an ad at all; that the money could be better used on something else and others would like to keep the current ad or reduce the ad which would still be bolded with an internet pointer. See Motion #1-10/01/06
- 2) There was lengthy discussion revolving around the \$-----, the monies were not distributed. This issue will also be explored further by subcommittees and home groups. Some Area participants wanted to put the money on the side and not include it in the operating fund, which was not done. A decision still needs to be made on what to do with the excess funds and how much to donate to World and Region.
- 3) There was discussion regarding the feedback from RCMI & II regarding whether or not this Area would like to pursue starting a Regional phone line or a possible consolidation with our current phone line. More details in RCM reports.
- 4) James K., Activities Chairperson would like a key to the Area storage facility.

## **DISBURSEMENT OF FUNDS**

**PETTY CASH BEGINNING BALANCE: \$ 227.63**

No Disbursements Were Made.

## **GROUP REPORTS**

**Clean & Serene**

**GSR: George D.**

**Meeting Location & Time:** Sundays @7pm & Fridays @7:15pm 10001 W. 58<sup>th</sup> Avenue, Arvada, CO.

**Average Attendance:** 40-60

**Average Number of Newcomers:** 15-15

**Day of Group Conscious:** Last Sunday of the month.

"Clean and Serene has found a new (old) home. All three Clean & Serene meetings will meet at their regular times and days, at: Holy Cross Lutheran Church, 4500 Wadsworth Blvd, Wheat Ridge. Enter from the parking lot."

Thank you - Please e-mail or call me at 303-881-6904 if you have any questions. In grateful service.

*Thanks for letting me be of service, George D.*

**NA Matinee****Chair: Dan L.****Meeting Location & Time:** Sundays & Saturdays @6:00pm**Average Attendance:** 25**Average Number of Newcomers:** 2-4**Day of Group Conscious:** Last Sunday of the month

Friday NA Matinee has changed format to open discussion from step study.

**Meet'n Up North****GSR: Jim E.****Meeting Location & Time:** Thursdays @ 7:30pm - 3301 E. 100<sup>th</sup> Street**Average Attendance:** 10-12**Average Number of Newcomers:** 1-2**Day of Group Conscious:** Last Thursday of the month

Going good. We had about 18-20 for a while, it's dropped some. We are making a \$20 donation..

**Underground Recovery****GSR: Sarah Z.****Meeting Location & Time:** Wednesdays @8pm 8085 E. Hampden**Average Attendance:** 9-10**Average Number of Newcomers:** 1-2**Day of Group Conscious:** Last Wednesday of the month.

All positions are filled. Dale B. has accepted GSR-A position and attended area. All other positions are smooth. We are slowly gathering home group members and celebrating birthdays.

**Uptown Steppers****GSR: DeAndre S.****Meeting Location & Time:** 3315 Gilpin, Saturdays at 7:15pm**Average Attendance:** 30**Average Number of Newcomers:** 3**Day of Group Conscious:** First Saturday of the month

Everything is going well, we've had quite a bit of recovery birthdays. Addicts are sending the message. Thanks for allowing me to be of service.

**Welcome Home****GSR: Sara F.****Meeting Location & Time:** Thursdays @7:30pm 20<sup>th</sup> & Kipling, Lakewood, CO**Average Attendance:** 15-20**Average Number of Newcomers:** 1-2**Day of Group Conscious:** Last Thursday of the month.

The meeting is doing well with regular attendance from a solid group of recovering addicts. We have been seeing an increase of newcomers this past month and have started handing out newcomer packets and notebooks to those who express an interest in continued recovery. We are considering changing our format to include step or literature study one week out of the month, but haven't officially voted that in.

**SHARING SESSION**

- Alan, the Literature Chairperson would like to get a key to this facility because he needs to get in the building early to set up literature. Are we allowed to have more than one key?
- Scotty: Happy Hours first NA event went very well. There were about 40 people in attendance.
- Tim suggested that literature could possibly be stored here in the Area meeting place. That would have to be confirmed.

**Closing Literature Report**  
**Detailed Report Attached**

SUMMARY	
BEGINNING BALANCE	\$ 2,447.81
TOTAL INCOME	\$ 1,615.83
TOTAL EXPENSES	\$ (2,373.60)
ENDING BALANCE	\$ 1,690.04

**Closing Treasurer's Report**  
**Detailed Report attached**

SUMMARY	
BEGINNING BALANCE	\$ 1,144.33
TOTAL INCOME	\$ 604.29
TOTAL EXPENSES	\$ (919.45)
ENDING BALANCE	\$ 829.17
PETTY CASH CARRYOVER FROM Q1	\$ (227.63)
DISCRETIONARY FUNDS	\$ 601.54

<b>EMERGENCY RESERVE</b>	<b>\$1,151.54</b>
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Motion made and seconded to Adjourn  
 Consensus Vote  
 Meeting Adjourned @ 4:40 p.m. with Third Step Prayer Closing Prayer  
*In loving service, Karen W.*