

**COLORADO REGIONAL SERVICE
COMMITTEE OF
NARCOTICS ANONYMOUS**



GUIDELINES

April 2011

"The boards and committees we do organize, we organize on the basis of need only, using the simplest guidelines possible. We organize them solely to serve us, not to establish a complex governing bureaucracy." (*It Works: How and Why*, p.193.)

TWELVE CONCEPTS FOR NA SERVICE

- 1. To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.**
- 2. The final responsibility and authority for NA services rests with NA groups.**
- 3. The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.**
- 4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.**
- 5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.**
- 6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.**
- 7. All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.**
- 8. Our service structure depends on the integrity and effectiveness of our communications.**
- 9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.**
- 10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.**
- 11. NA funds are to be used to further our primary purpose, and must be managed responsibly.**
- 12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.**

VISION STATEMENT

The Colorado Regional Service Committee of Narcotics Anonymous exists to support our member groups and areas in their effort to carry the message to the addict that still suffers. It is our vision that every addict has the opportunity to find recovery in Narcotics Anonymous regardless of where they live within the Colorado Region. Every member, inspired by the gift of recovery, can experience spiritual growth and fulfillment through service. Honesty, trust, and goodwill are the foundation of our service efforts, all of which rely upon the guidance of a loving Higher Power.

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Article 1: Purpose and Objectives

Section A: Purpose

The Colorado Regional Service Committee of Narcotics Anonymous (CRSCNA) was formed simply to pool and develop local service resources that can be used both by groups and areas in better fulfilling their responsibilities. Regional committees support the areas and groups of Colorado in their Public Information, Hospitals and Institutions plus Public Relations efforts. Although CRSCNA members may offer experience, strength, and hope in addition to suggestions, the CRSCNA does not have binding authority over the decisions or activities of any Area or Group within the Region.

Section B: Objectives

This committee is designed to serve by addressing the common needs of its member Areas and Groups.

The objectives of the CRSCNA include, but are not limited to:

- Carry the message of Narcotics Anonymous through the actions of the CRSCNA.
- Help unify and support the Areas and Groups within the Colorado Region through open lines of communication and sharing, thereby assisting them in fulfilling their primary purpose.
- Assist member Areas and Groups with situations and needs outside of the scope of their experience or resources.
- Develops a learning forum for addicts in the Colorado Region. A learning forum will be available to each Area upon request.
- Establish Regional Assemblies to be hosted by the Region.
- Oversees the CRSC standing subcommittees and resource position(s).
- Contribute to the growth of the NA fellowship by participating in the World Service Conference.

Article 2: CRSCNA Meetings

Section A: Schedule and Locations

The CRSC will meet in the Denver Metro area, on the Sunday of the third full weekend of the odd numbered months.

Section B: CRSCNA Members

While any addict is welcome and encouraged to attend and participate in a CRSCNA meeting, the following are considered CRSCNA Members:

1. Up to 2 RCMs per Area.
2. Administrative Committee Officers (Chair, Vice-Chair, Secretary, Treasurer, RD, RDA, ~~Web Servant~~)
3. Resource Person(s) (Literature)
4. Subcommittee Chairs (PR, H&I, PI, Webservant, and CRCNA)
5. CRCNA Administrative Committee Officers (Vice-Chair and Treasurer)

Section C: General

1. At CRSCNA meetings, the committee will try to get a sense of the needs of the groups and areas within Colorado as well as those of the fellowship worldwide.
2. CRSCNA members will email to the CRSC secretary a copy of their report to be added to the regional minutes.
3. All CRSCNA meetings are non-smoking.
4. CRSCNA and CRCNA guidelines are subject to the approval of the voting members of the Regional Assembly.
5. Amendments can be made to the CRSCNA and CRCNA guidelines as needed at CRSC meetings. Ratification will be required at the next regional assembly.
6. The CRSCNA secretary and sub-committee chairs shall have on hand all current NAWS handbooks as well as current CRSCNA Guidelines.
7. Secretary will provide a copy of the CRSCNA Guidelines to all new members of the CRSC committee as needed. Guidelines can also be found at nacolorado.org.
8. All costs associated with CRSCNA meetings will be the responsibility of the CRSCNA.
9. The agenda for the CRSCNA meeting will be set by the Chairperson and will include an agenda item regarding closing treasurer report and fund flow.
10. CRSCNA will maintain a list on the Colorado Regional Website of all proposals presented at regular CRSCNA meetings and assemblies. The proposals will be posted regardless of the decision of the body. The proposals will be posted as separate log on the website.

Article 3: Consensus-Based Decision Making

The use of Consensus-Based Decision Making admittedly takes longer to achieve an outcome to an issue (called a proposal). But, the results are understood by all in attendance at a more significant level of comprehension. In addition, any proposal can be easily changed or modified as discussion progresses.

Section A: Consensus-Based Decision Making Process

1. Bring proposals to the CRSC. Formulate clear proposals in advance with as much communication and collaboration as possible to facilitate the consensus-decision process. Facilitator presents the proposal to the CRSC (analogous to the motion in a Robert's Rules process).
2. Maker of the proposal speaks first to the intent.
3. Open up the floor first for clarifying questions about the proposal (not a debate on the merits but a brief session to be sure everyone understands the proposal).
4. Facilitator asks whether anyone has reservations about the proposal. These are heard and they may be answered or the proposal may be tweaked in a manner similar to the "friendly amendment" process in Robert's Rules.
5. Once all reservations have been heard and answered in this way, Facilitator asks, "Do we have consensus?" Participants respond in one of four ways.
 - a. **Assent.** This means that the addict supports the proposal, all things considered. It may not mean that the addict is in agreement with every aspect, that the addict has heard the discussion and has had a chance to participate in the process of finalizing the proposal, and is prepared to support the final proposal. Assent is signified by remaining silent.
 - b. **Assent with Reservations.** This option is not materially different from the Assent option but is included as a way of giving addicts a place to stand when they do not want to object more strongly, but they do want to note that they have reservations. Assent with Reservations is done by the addict raising their hand and simply saying when the facilitator calls on them, "Assent with Reservations." The assumption is that the reservations have been heard already, and the addict is simply noting that they can support the proposal and continue to have these reservations.
 - c. **Stand Aside.** A common misconception about the Stand Aside option is that it is similar to an abstention. It is not. It is more accurate to say it is similar to a "no" vote. It is a statement that the addict does not support the proposal, but the addict's objection is not of the nature or the severity to warrant a block. Should the number of decision making members standing aside reach 10% this will indicate a proposal too weak to adopt. Discussion should continue to determine if consensus can be reached. A proposal can also be delegated to the Maker of the proposal or an Ad Hoc Committee for reworking.
 - d. **Block.** This option is also commonly misunderstood. Given that a proposal can be defeated by a sufficient number of Stand Asides, the

Block should be an extremely rare step taken only when a participant honestly believes that one of the Traditions or Concepts is directly violated by this proposal, or some very fundamental moral position of the participant is violated. An addict who blocks must be able to articulate which Tradition or Concept or Spiritual principle fundamental to NA is violated by the proposal.

Section B: World Board Membership Values

The following is reproduced with adaptations and permission was granted to the Colorado Regional Service Committee for its use by NAWS, Fellowship Services, on 5/15/2004. Our primary purposes are those that are embodied in NA's Twelve Steps, Twelve Traditions, and the Twelve Concepts for NA Service.

- We affirm that mutual respect and trust is paramount to the effectiveness of all Colorado Regional Service Committee activities and shall characterize all our interactions and communications.
- We encourage one another to offer our personal views, ideas, dreams, and creativity to all Regional deliberations and projects.
- We are committed to having the courage and vision to take risks by not confining ourselves to preconceived limitations.
- We strive to achieve consensus whenever possible.
- We will not separate ourselves as individuals from the consensus of the Region and will take responsibility for the decisions of the Colorado Regional Service Committee.
- We will focus ourselves upon establishing unity, mutual respect, and trust at the beginning of each meeting.
- We will meet our stated objectives for each meeting.
- Our meetings and breaks will start and stop on time.
- We affirm that Regional issues will be discussed - not personalities.
- We affirm that the Colorado Regional Service Committee discussions and deliberations will be balanced - no one person will dominate our discussions, and everyone will actively participate.
- We agree that only one person will speak at a time, and there will be no side-bar conversations.
- We affirm that action groups (ad hoc committees) will be used at Regional meetings to identify solutions for goals and issues before the Region.

Article 4: Administrative Committee – Elections

Section A: Terms of Officers

Elections will be held at a Regional Assembly. Elections will take place at the April assembly, unless it is necessary to delay until the September assembly. Elections for the RD and RDA will be held at the September Regional Assembly. Newly elected officers shall assume their duties at the CRSCNA meeting after the Regional Assembly at which they are elected. A relapse constitutes the immediate removal from office. After two unexplained absences from the CRSCNA meeting including the Regional Assembly, the CRSCNA officer will be considered to have resigned.

Terms of officers are as follows:

- Chairperson: 2 years
- Vice-Chairperson: 2 years
- Secretary: 1 year
- Treasurer: 1 year
- Regional Delegate: 2 years
- Regional Delegate Alternate: 2 years

Section B: Nominations

Any member of the Colorado region can be nominated or self nominated. Any nominee for a CRSCNA position must be present in order to state their qualifications. Participants will be given the opportunity to ask questions and/or voice their objections (if any) concerning any nominee, while the nominee is present.

Section C: Elections

1. The CRSC Chair will review the voting process for elections.
2. The CRSC Chair will determine the number of voting members present before each elected position.
3. A vote will be taken for all elected positions regardless of the number of nominees.
4. The chair or secretary will read the description of the position before nominations.
5. If there is only one nominee for a position after nominations have been closed, the election is known as a vote of acclamation and will be indicated as such by the Chairperson. The nominee must then receive 2/3rds of the voting members present (as verified in Section 1) to be elected. If the nominee fails to receive 2/3rds then the nomination will be reopened.
6. While the voting process is taking place the nominees will be asked to leave the room.

7. All GSRs (only during Regional Assemblies), and CRSCNA members (except CRSCNA Chair) in attendance may cast one vote per position.
8. The Chairperson will ask who is in favor of the first candidate nominated, then the second, and so on. All votes for a candidate will be counted before moving on to the next one.
9. The only votes that will be tallied are those in favor of the candidate.
10. The Chairperson will vote only when a vote total is tied.
11. The final vote totals will NOT be reflected in the minutes.

Article 5: Administrative Committee - Qualifications, Duties and Responsibilities

The Fourth Concept states "Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants." With that in mind, the following list of qualifications **applies to all CRSCNA members**:

1. Willingness to serve.
2. Time and resources to fulfill the commitment.
3. A working knowledge of the Twelve Steps, Twelve Traditions, and Twelve Concepts.
4. Prior NA service experience - the addict being nominated for a position at CRSC should have experience in that position either at an area or regional level, if at all possible.
5. Active participant of Narcotics Anonymous fellowship

Specific qualifications, duties and responsibilities of each CRSCNA Administrative Committee positions can be found in the following sections.

Section A: Chairperson

1. Suggested clean time: 7 years
2. Chairs the CRSCNA meetings and Regional Assemblies.
3. Sets the agendas, having submitted each agenda to CRSC members at least 2 weeks prior to the CRSC meeting for input and review.
4. Is a signer on the CRSCNA checking account.
5. Appoints Ad Hoc committee chairs as needed.

Section B: Vice-Chairperson

1. Suggested clean time: 5 years
2. Helps the chairperson set the agenda for CRSCNA meetings and Regional Assemblies.
3. When Chairperson is absent, Vice-Chairperson will fulfill duties.
4. Is a signer on the CRSCNA checking account.
5. Member of the Colorado Convention Board
6. Maintains an ongoing list of approved regional guideline changes and updates guidelines as needed with confirmation at the next Regional Assembly.

Section C: Secretary

1. Suggested clean time: 3 years
2. Records minutes of CRSCNA meetings, distributing them in a timely fashion.
3. CRSCNA minutes will include the following: Disbursements, reports from CRSCNA members, subcommittee chairs, resource positions, any Ad Hoc committees and CRCNA, as well as any action items dealt with at the CRSCNA meeting.
4. Responsible for regional correspondence.
5. Maintains CRSCNA archives.
6. Maintains and updates list of contact information for CRSCNA members including phone numbers, email addresses, mailing addresses, etc. This list is a separate entity from the CRSCNA minutes and will be distributed to members separate from the CRSCNA minutes. The list is NOT to be posted on the regional website.
7. Will have all previous years' archives on hand at all CRSCNA meetings and Regional Assemblies.
8. Maintain list of active proposals awaiting approval by CRSCNA
9. Sends out minutes within 14 days after the CRSCNA Meeting.
10. Sends out with the minutes any current proposals to be voted on and in addition, sends proposals for assembly approval at least 14 days prior to the assembly.
11. Maintains a list of all proposals presented before the regularly scheduled CRSCNA meetings and assemblies. The list of proposals will be submitted to the Web Servant to be posted as a separate log on the Colorado Regional website.

Section D: Treasurer

1. Suggested clean time: 5 years
2. Responsible for CRSCNA monies and is a signer on the CRSCNA checking account.

3. Provides an up-to-date Treasurer's written and verbal report at each CRSCNA meeting which should include an area by area listing of 7th tradition donations, both current and year-to-date.
4. Maintains and regularly checks the CRSCNA Post Office Box.

Section E: Regional Delegate

1. Suggested clean time: 10 years.
2. Acts as the liaison between NAWS and the CRSCNA, providing information on current world projects to the Colorado Region while providing a local perspective to the work of world services.
3. Prior to Regional Assembly (except for non-conference years), holds CAR workshops for CRSCNA as needed and assists any Area wishing to hold their own CAR workshop.
4. Helps facilitate Regional Assembly in order to develop and discern a collective conscience from the Colorado Region concerning issues affecting NA worldwide, especially those put forth in motions within the Conference Agenda Report.
5. After obtaining clear indications of the region's collective conscience, attends the World Service Conference as a fully active participant, acting on behalf of the collective conscience of the Colorado Region as well as the best interests of NA as a whole.
6. Works closely to educate, train, and prepare the RDA for the World Service Conference and other matters relating to NAWS.
7. Remains available as a resource for information and guidance in matters concerning service in Narcotics Anonymous.
8. One of the signers on the CRSCNA checking account needs to be either RD or RDA.
9. Responsible for updating contact information with the World Service Office after Regional elections are held.
10. Serves as Rocky Mountain Forum delegate for Colorado Region.
11. Responsible for organizing the Regional Assembly.

Section F: Regional Delegate Alternate

1. Suggested clean time: 8 years.
2. Works closely with the RD in order to learn how to fulfill the duties of that office if the RD is absent or unable to complete their term in office for any reason.
3. One of the signers on the CRSCNA checking account needs to be either RD or RDA.
4. With the RD, serves as Rocky Mountain Forum delegate.

5. With the RD, holds CAR workshop for CRSCNA as needed.
6. With the RD, assists areas to hold their own CAR workshops and other needs.

Section G: Colorado Convention Corporation Board Member (Member-at-Large)

1. Suggested clean time: 10 years.
2. Attends all Colorado Convention Corporation Board meetings

Article 6: Resource Position

Standing resource positions are established to assist the areas of the region and are appointed by the CRSCNA. Members who are appointed a resource position will be given "resource assignments" as directed by the CRSCNA. They will maintain contact with the World Service Office for the latest information and resources about their particular field of service.

Article 7: Standing Subcommittees

The Chairpersons for CRSCNA standing subcommittees, with the exception of CRCNA will be elected in the same manner as CRSCNA Administrative Committee members: at a Regional Assembly. In addition to the qualifications, duties, and responsibilities noted in Article 5, specific details regarding each subcommittee can be found in the following sections. Each subcommittee will schedule its own meetings and elect its own trusted servants, but is encouraged to work together to avoid any possible scheduling conflicts.

Section A: Public Relations (PR)

The purpose of this Subcommittee is to share the message of recovery with the public, with prospective members, and with professionals in order "that an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live". This Subcommittee performs public relation services (Public Information - PI, Hospitals and Institutions - H&I, and Web Servant, for example) in a coordinated effort to increase the awareness and credibility of the NA program. The composition of this Committee will include (but is not limited to) a Coordinator, and a Chair for each of the Subcommittees providing PR services and performing PR functions.

Shared Qualifications, Duties and Responsibilities of PR Subcommittee Coordinator and Chairs

- Elected by the CRSC.
- Attends every CRSCNA meeting, PR Committee meeting and the Regional Assembly.
- Has a vote at each CRSC meeting and Assembly plus at the PR Subcommittee meetings (Note: PR Coordinator votes only in a tie at PR Subcommittee meetings.)
- Serves no more than 2 consecutive terms of two years for each term unless directed by the CRSC.
- Presides over and organizes all meetings of their subcommittee.
- Prepares a report to be presented at each CRSCNA meeting detailing the activities of the subcommittee.
- Coordinates and is responsible for all work done by the subcommittee.
- Maintains a close working relationship with all parts of the PR Subcommittee in order to coordinate efforts and avoid duplication of services.
- Maintains communication with the WSC Committee and informs Area subcommittees of its activities.
- Suggested clean time: 5 years

PR Subcommittee: Hospitals & Institutions

The purpose of the H & I subcommittee is to provide a forum for Area H&I Subcommittees to share their experience, strength, and hope in order to better carry the message and to promote the growth and strength of all H&I efforts within the Colorado Region. In addition, CRSC H&I provides appropriate H&I services to locations and related facilities outside of established CRSC Areas and within non-functioning Areas of the Colorado Region.

PR Subcommittee: Public Information

The purpose of the PI subcommittee is to provide a forum for Area PI Subcommittees to share their experience, strength, and hope in order to better inform the public about NA and to promote the growth and strength of all PI efforts within the Colorado Region. In addition, CRSC PI provides appropriate PI services to the general public and professional communities outside of established CRSC Areas and within non-functioning Areas of the Colorado Region.

PR Subcommittee: Website

The purpose of the Web Servant is to facilitate communication between the CRSC, its member subcommittees, the Colorado fellowship and the general public, through Internet technologies. As the electronic voice of the Colorado Region, the Web Servant

needs the ability to maintain and create all electronic means of communications for and throughout the Colorado Region and rest of Narcotics Anonymous.

Section B: Colorado Regional Convention of NA (CRCNA)

1. As a standing subcommittee of the CRSCNA, CRCNA Chair, Vice Chair, and Treasurer will attend at every scheduled CRSCNA meeting.
2. The CRSCNA elects all CRCNA administrative members (Chair, Vice-Chair, Secretary and Treasurer).
3. The administrative members are elected at the November CRSCNA. Please refer to CRCNA Guidelines for suggested clean time requirements for all administrative positions.
4. CRSCNA is responsible for final approval of the CRCNA program (marathon meeting topics and workshops).
5. The CRCNA chairperson and treasurer shall provide a final financial report to the CRSCNA for the most recent CRCNA. This report shall be given at the January CRSC meeting.
6. CRCNA shall operate under the most current guidelines/policy for conventions established by the CRSCNA/CRCNA subcommittee and approved at the Regional Assembly.
7. CRCNA shall also operate under the financial and legal conditions as set by the Colorado Narcotics Anonymous Convention, Inc. (CNAC).

Section D: Budget

At the September assembly, the proposed subsequent year's budget will be reviewed. The proposed budget will be submitted in a three tier priority system.

- **Tier 1** budget proposals will be funded if the CRSC sole source of income is 7th tradition only.
- **Tier 2** budget proposals will be funded when the CRSC income is 7th tradition funds plus when CRCNA has made a modest profit.
- **Tier 3** budget proposals will be funded when the CRSC income is 7th tradition funds plus when CRCNA has been financially successful.

Steps and Schedule:

1. CRSC Admin and PR Subcommittee (combining PI, H&I, etc.) will prepare the tier 1, 2, & 3 proposals for the September Assembly. Anyone (ASC's, GSR's, etc.) may bring a budget recommendation to the September assembly.
2. An agenda item for budget input and discussion will be added to the September assembly.
3. After discussion the assembly members will accept/modify the budget proposals.
4. The funded tier will be determined by the income of CRCNA, this information will be made available by the November RSC. The annual budget will be finalized at the November CRSC meeting making funds available for activities beginning in January.

Article 8: Regional Assemblies

Section A: Time, Date, Location

The Regional Assemblies in April and September will rotate alphabetically to each of the Areas of the Colorado Region. Although Regional Assemblies are sponsored by CRSCNA they are hosted by the areas in which they occur. Regional Assemblies will be open for any addict to attend. The assembly will be held on Sunday of the 3rd full weekend of the month. Whenever possible CRCNA will hold an event the Saturday prior to the Assembly and CRSCNA may host a service workshop. Funds for each Regional Assembly shall not exceed \$500.

Section B: Collective Conscience of the Colorado Region

One purpose of holding a Regional Assembly (usually in April) shortly before the biennial meeting of the World Service Conference is to bring representatives of NA groups (GSRs) and areas (RCMs) together with the RD and RDA for the purpose of developing a collective conscience concerning issues affecting Narcotics Anonymous worldwide.

- We will use Consensus Based Decision Making when making decisions on motions in the Conference Agenda Report (CAR).
- The purpose is not merely to tabulate votes on the motions in the Conference Agenda Report (CAR). Open discussion about the CAR motions is more valuable to the RD than a simple "yea" or "nay" vote. It is these discussions which will give the delegate clear indications of the region's collective conscience

concerning world issues. And it is these indications that will guide the RD when participating at the World Service Conference.

Section C: Elections

Another purpose of holding a Regional Assembly (usually in April) is to elect members of the CRSCNA administrative committee and standing subcommittee Chairpersons. Only CRSCNA members and GSRs in attendance will cast a vote. Only groups on the most current Regional meeting list or registered with the WSO will be permitted to participate in the voting process, but anyone may participate in the discussion process.

Section D: RD Report from World Service Conference

The main purpose of holding the Regional Assembly in September is to go over the events of the World Service Conference and/or Rocky Mountain Zonal Forum as reported by the RD and RDA.

Article 9: Financial Procedures

The Eleventh Concept states "NA funds are to be used to further our primary purpose, and must be managed responsibly."

Section A: Travel Reimbursements

CRSCNA officers may be reimbursed for expenses for travel on official CRSCNA business. Regular CRSCNA meetings are not included. In the event of a financial hardship, CRSCNA officers may request reimbursement for fuel used to attend the CRSCNA meeting. Every effort should be made to carpool with other members whenever possible to avoid the expense to the region. This provision does not apply to RCM's/GSR's (regional assemblies only) unless an area is unable to pay. The RCM/GSR can submit a proposal to request a reimbursement for fuel expenses incurred while traveling to the CRSCNA/Regional Assembly. It is important that all areas are involved in the regional decision making process. The region will assist any area that is having financial difficulties and is unable to send its representatives to the CRSCNA.

Section B: General Guidelines

1. All monies collected are to be accounted for then deposited in the CRSCNA bank account in two weeks. All automatic disbursements; i.e., Rent, Website, Secretarial, etc. shall be paid one month in advance whenever possible.
2. The PO Box and storage shed will be an automatic disbursements when it occurs. All CRSCNA check disbursements should be made to organizations, businesses, etc. rather than to an individual addict wherever practical and approved by the CRSCNA. No reimbursements will be made without a receipt and/or CRSCNA approval.
3. CRSC approved budgetary expenses will be considered as funds encumbered and not be counted as part of CRSCNA general funds. These funds will be accounted for at each CRSC and disbursed as necessary for CRSC activities.

Article 10: Miscellaneous

Section A: Logo



Section B: P.O. Box/ Storage Shed

1. CRSCNA shall maintain a post office box within the regional membership populous. Post office keys should be held by Regional Treasurer and CRCNA Treasurer.
2. CRSCNA shall maintain a storage shed for archives and CRCNA. Storage shed keys to be held by regional chair and CRCNA chair
3. The P.O. Box will be maintained and checked by the CRSCNA Treasurer and CRCNA Treasurer as needed.

Section C: The Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Section D: The Twelve Traditions of Narcotics Anonymous

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.