

# Colorado Regional Assembly of Narcotics Anonymous

11:00 a.m.  
Longmont, Colorado

Meeting was called to order at 11:22 a.m.  
Opened with Serenity Prayer

## **Roll Call:**

CRSC Chair- Torri F.  
CRSC Vice Chair- Earl H.  
CRSC Treasurer- Steve K.  
CRSC Secretary- Brenda E.  
R.D.- Chuck C.  
R.D.A.- Don T.  
CRSC Webservant- Don T.  
CRSC Outreach- Don T.  
CRSC Mtg. Coordinator- Linda L.  
CRSC Literature- Rob L.  
CRSC H&I- Open  
CRSC PI- Brad K.  
CRCNA Chair- Alan H.  
CRCNA Vice Chair- Marilou L.  
CRCNA Treasurer- Janet M. – (Absent)  
Boulder RCM- Rob L.  
Mile High RCM- Jason H. – (Absent)  
Mountain High RCM- Reece F.  
Mountain West RCM- No RCM  
Off The Wall RCM- Karen C. & Newt L. – (Absent)  
Pikes Peak RCM- Mary Kay A. & Iris S.  
Serenity Unlimited RCM- Mike H. – (Absent)  
Southern RCM- Kent Mc. – (Absent)

24 Groups represented: Mile High Area- 12; Pikes Peak Area- 2; Boulder Area- 7; Off The Wall Area- 3

## **Reports:**

**Chair-** No Written Report – Torri is grateful to serve the Region and Narcotics anonymous. She thanks those who came before her and taught her about service.

**Vice Chair-** No Written Report – Will give Adhoc Committee report.

**Treasurer's Opening Balance:** \$ 2,593.45

## Treasurer's Report:

# CRSC 2005 ANNUAL TREASURER'S REPORT

<b>Opening CRSCNA Balance - January 1, 2005</b>		<b>\$1,894.52</b>
<b>Receipts:</b>	<b>YTD '05</b>	
Boulder Area	\$573.32	
Mile High Area	\$3,765.18	
Mountain West Area		
Off The Wall Area		
Pikes Peak Area	\$1,000.00	
Serenity Unlimited Area	\$150.00	
Golden Group	\$87.00	
Southern Area		
Road to Golden Recovery Group	\$10.55	
Aspen Group	\$200.00	
CRCNA XVIII	\$389.56	
Fun Addicts Group	\$20.00	
Clean & Serene Group	\$80.18	
<b>Total Receipts</b>		<b>\$6,275.79</b>
<b>Expenses:</b>		
CRSC Supplies	\$139.75	
H&I Literature:		
Pikes Peak Area	\$1,035.60	
Boulder Area	\$290.00	
Serenity Unlimited Area	\$388.91	
Rocky Mountain Forum Budget	\$205.00	
Rocky Mountain Forum Expenses	\$50.04	
Mileage Reimbursements	\$192.00	
CRSC Meeting Place Expenses	\$388.02	
Regional Assembly Expenses	\$792.42	
Web Hosting	\$216.00	
Storage Space	\$805.78	
RD and RDA Travel - WSC, RM Forum, CAR Workshops	\$1,718.06	
PO Box Rental	\$68.00	
<b>Total CRSC Expenses:</b>		<b>\$6,289.58</b>
<b>NA World Services Donations</b>		<b>\$1,300.00</b>
<b>Ending CRSCNA Balance -Dec 31, 2005</b>		<b>\$580.73</b>

Steve K, CRSC Treasurer

# CRSC TREASURER'S REPORT

8-Apr-06

Opening CRSCNA Balance - March 11, 2006           **\$2,835.75**

<b>Expenses:</b>	<b>Amount</b>	<b>Check #</b>
Reece Fisher - Travel Reimbursement	\$60.00	242
Boulder ASC - Regional Assembly Meeting Expenses	\$200.00	243
Mona James - Travel Reimbursement	\$55.00	244
NAWS - Donation	\$1,500.00	245

<b>Receipts:</b>	<b>Amount</b>	<b>Check #</b>	<b>YTD '06</b>
Boulder Area	\$122.70	2165	\$142.70
		1766	
Mile High Area	\$1,250.00	+1777	\$1,250.00
Mountain High Area			
Mountains West Area			
Off The Wall Area			
		1165 +	
Pikes Peak Area	\$200.00	1172	\$400.00
Serenity Unlimited Area			
Southern Area			
CRCNA XIX			\$4,396.96
<b>Total Receipts</b>	<b>\$1,572.70</b>		<b>\$6,189.66</b>
<b>Total Expenses</b>	<b>\$1,815.00</b>		

Ending CRSCNA Balance -March 11, 2006           **\$2,593.45**

Opening CRSCNA Balance - April 8, 2006

Being held for Mountain West                       \$73.82

Opening Bank Balance - April 8, 2006           **\$2,667.27**

Steve K, CRSC Treasurer

## CRSC Website:

# Web Site Traffic Report

Month	Unique visitors	Number of visits	Pages	Hits	Bandwidth
<b>2004</b>					
Jan 2004	1062	1811	5780	13110	157.94 MB
Feb 2004	1035	1711	4917	10841	145.58 MB
Mar 2004	1039	1687	5166	12304	155.82 MB
Apr 2004	1187	2041	7270	24581	227.51 MB
May 2004	1113	2066	9154	28635	200.93 MB
Jun 2004	1147	1935	7727	24278	189.89 MB
Jul 2004	1208	2126	8387	25397	189.78 MB
Aug 2004	1386	2444	9544	31457	234.31 MB
Sep 2004	1407	2516	9206	37034	237.84 MB
Oct 2004	1472	2596	9309	35744	226.10 MB
Nov 2004	1444	2514	8082	17881	151.99 MB
Dec 2004	1200	2084	6588	15312	132.33 MB
Total	14700	25531	91130	276574	2.20 GB
<b>2005</b>					
Jan 2005	1220	2002	6747	18456	143.65 MB
Feb 2005	1036	1835	6307	16755	128.16 MB
Mar 2005	1215	2006	7381	19298	160.76 MB
Apr 2005	1267	2177	8127	23101	190.78 MB
May 2005	1347	2313	8062	22345	208.89 MB
Jun 2005	1289	2092	7960	21598	224.45 MB
Jul 2005	1422	2460	9525	24090	259.78 MB
Aug 2005	1387	2636	9814	26279	253.99 MB
Sep 2005	1521	2795	15035	40836	297.67 MB
Oct 2005	1547	2969	17280	51665	345.21 MB
Nov 2005	1431	2675	14347	35936	247.58 MB
Dec 2005	1439	2426	12397	29039	225.46 MB
Total	16121	28386	12298	2329398	2.62 GB
<b>2006</b>					
Jan 2006	1477	2668	15023	36748	303.34 MB
Feb 2006	1398	2337	11893	29791	254.53 MB
Mar 2006	1625	2758	15409	39426	342.84 MB
Apr 2006	525	725	3461	8695	77.78 MB
Total	5025	8488	45786	114660	978.50 MB

**Adhoc Committee for possibly setting up a BOD:** Power point presentation by Earl H. CRSC Vice Chair.

Earl discussed the pros and cons with a meeting by a lawyer. Pros and cons were presented of how to incorporate the Colorado Regional Service Committee. Many questions were asked and much discussion took place as far as the benefits of incorporation, insurance for the Region, and a Board of Directors. Conclusion: The Adhoc Committee will meet to continue to review options and will report again to the fellowship.

## **AREA RCM Announcements:**

**Boulder-** Mike S. has been elected as RCM.

**Mile High-**

**Mountain High-** Steamboat Group has a new service committee.

**Mountain West-**

**Off The Wall -** Tri-fold meeting list- 23 groups; Barn dance coming soon; literature is good; fellowship is happening

**Pikes Peak-** May 6, Mexican Fiesta Dinner and Dance for CRCNA

**Serenity Unlimited –**

**Southern –**

## **New Business:**

Elections: CRSCNA Administrative

**R.D.:** Chuck C. nominated and declined;  
Don T. nominated, accepted, and qualified-elected

**R.D.A.:** Steve K. nominated, accepted, and qualified-elected  
Carlos G. nominated and declined

**Webservant:** Don T. nominated, accepted with a vote of affirmation-reaffirmed  
Jay B. nominated and declined

**Public Information (PI):** Brad K. nominated, accepted, current Chair, and qualified-elected

**Hospital & Institution (H&I):** Open

**Secretary:** Dave R. nominated and declined; Rob L. nominated and declined; Dan A. nominated and declined

**Treasurer:** Chuck C. nominated, accepted, and qualified-elected;  
Dave A. nominated and declined  
Rob L. nominated and declined

## Proposals:

1. The CRSC submit for the Regional Assembly an approval of a CRCNA guideline-
  - a. Specifically: pg. 7, Program Committee, Specific Tasks, ADD: Bullet point 2; "Taking into account historical considerations and the nature of all groups currently active in the Colorado Region, generate a topic list (Marathon meetings and/or Workshops) that is sensitive to those special interests and additional needs currently comprising the fellowship of the Colorado Region of Narcotics Anonymous.

**Intent: Build unity by representing special interest meetings and groups of the Colorado Region.**

**Consensus is reached**

2. Move all Regional meetings (CRSCNA) to the 3<sup>rd</sup> Sunday of the full weekend of the month.

**Intent: To allow addicts to get to Region following WSC convention and following a holiday weekend.**

**Consensus is reached**

3. To hold the CRSC in the Metro Area rather than rotate through the region. The Regional Assemblies in April and July would follow the rotation schedule as written instead of using it for the regular CRSC meetings.

**Intent: To provide consistency in location and to cut costs for the trusted servants and to the CRSC for meeting space and travel. To provide a "Regional Weekend" for the CRSC meeting and the CRSC subcommittee meetings to correspond and increase attendance and participation.**

**Consensus is reached**

## Conference Agenda Report on Motions:

**Motion #1: To direct the World Board to develop a project plan, timeline, and budget for WSC 2008, to create/develop a glossary of recovery terms typically used in Narcotics Anonymous.**

**Groups do NOT agree with this motion**

**Motion #2: To direct the World Board to create a project plan for the development of a fellowship-approved Identity Statement to be presented at WSC 2008.**

**Groups do NOT agree with this motion**

**Motion #3: To change the time frame for approval form recovery literature from the current minimum of 150 days to a minimum of one year.**

**Groups do NOT agree with this motion**

**Discussion Topics:**

**Atmosphere of Recovery**  
**Infrastructure**  
**Leadership**  
**Our Public Image**

**Targeted Literature:**

**Youth and Recovery**  
**Medication and Recovery**

**Benefit of Service to Personal Recovery**

**Spiritual development of members with longer clean time, and how to continue to engage them in the fellowship of Narcotics Anonymous**  
**Older members in recovery (older in age)**  
**Issues regarding gender**

**Race issues**

**Mental Health Issues**

**Isolated groups connected to the Service structure**

**Foreign language barriers**

**Conference: RD/RDA will be voting/discussing issues**

**Public Handbook vote**

**5 new Regions recognized for seating**

**2006-2008 strategy plan**

**For the JULY Regional Assembly.....**

**Proposal:**

1. The CRCNA guidelines need to suggest a clean time requirement for all subcommittee chairs of 2 years.

Intent: To follow the principles of the Fourth Concept

**2. PROPOSAL concerning voting at CRSC Elections:**

Quoted from the CRSCNA Guidelines:

Article 2: CRSCNA Meetings

Section B: CRSCNA Members

1. While any addict is welcome and encouraged to attend and participate in a CRSCNA meeting, the following are considered

CRSCNA Members:

2. Up to 2 RCMs per Area.

3. Administrative Committee Officers (Chair, Vice-Chair, Secretary, Treasurer, RD, RDA)

4. Resource Persons (Literature, Outreach, Web Servant, Regional Meeting Coordinator)

5. Subcommittee Chairs (H&I, PI, CRCNA)

6. CRCNA Administrative Committee Officers (Vice-Chair, Secretary, Treasurer)

and

Article 4: Administrative Committee – Elections

## Section C: Elections

4. All GSR's, RCM's, and CRSCNA Officers (except CRSCNA Chair) in attendance may cast one vote.

Motion: To remove the words RCM's from # 4., Section C., Article 4. above and change the wording from CRSCNA Officers to CRSCNA members (Which would include the RCM's)

Intent: To provide all CRSCNA members a voice in the activities and actions of the CRSC. Since the CRSC Officers (who currently have a vote) have no more direct Group or Area affiliation than do the Resource Persons or the Subcommittee Chairs or the CRCNA Administrative Committee Officers, all CRSCNA members would now have equality.

### **3. PROPOSAL concerning Travel Reimbursement:**

Quoted from the CRSCNA Guidelines:

Article 9: Financial Procedures

Section A: Travel Reimbursements

CRSCNA officers may be reimbursed 32 cents per mile for travel on official CRSCNA business. Regular CRSCNA meetings are not included. This provision does not apply to RCM's, unless an area is unable to pay. Payment will only be made with prior approval. Motion: To change Section A., Article 9. to CRSCNA officers may be reimbursed for expenses for travel on official CRSCNA business. Regular CRSCNA meetings are not included. In the event of a financial hardship, CRSCNA officers may request reimbursement for fuel used to attend the CRSCNA meeting using the formula listed below. Every effort should be made to carpool with other members whenever possible to avoid the expense to the region. This provision does not apply to RCM's, unless an area is unable to pay. It is important that all areas are involved in the regional decision making process. The region will assist any area that is having financial difficulties and is unable to send its representatives to the CRSCNA. The RCM can submit a proposal to request a reimbursement for expenses incurred while traveling to the CRSCNA. The reimbursement formula is miles to the CRSC meeting traveled divided by 15 times current common cost for gasoline on the date of the reimbursement request with 15 representing an average for miles per gallon that various cars travel.

### **CRCNA presentation:**

Program committee is trying to get speaker results early

5-7 rooms for program

Utilize the theme "A New Way to Live"

Program: interactive workshops on Steps/Traditions

- Panel discussion workshops

- Interactive panel discussions

- Speaker meeting workshops

- Marathon meetings

F&E: Kick-off event in April

- Other events to follow

Convention Entertainment:

- Live band, DJ, comedian, and live auction (items of auction were displayed)

**Register on-line with CRCNA using a credit card!!!!**

**Don T. will be added to the check signature card and Steve K. will be removed from the signature card.**

**Closing Treasurer's Report:** \$ 2,551.01

**Donation to NAWS:** \$ 0

**Treasury Ending:** \$ 2,551.01

**Meeting adjourned at:** 4:00 pm

**ANNOUNCEMENTS:**

- 1. Hospitals and Institutions (H&I) Chair is still open so please announce in all meetings.**
- 2. Regional Secretary is open and please announce in meetings.**
- 3. July Regional Assembly will be in Breckenridge! Location coming soon!**
- 4. No May Regional meeting**