

Colorado Regional Service Committee Meeting

November 14, 2004

10:00 a.m.

Arvada, Colorado

Meeting was called to order at 10:00 a.m.

Opened with Serenity Prayer

Roll Call:

CRSC Chair- Jim H. – Absent

CRSC Vice Chair- Torri F.

CRSC Treasurer- Steve K.

CRSC Secretary- Brenda E.-Absent

R.D.- Chuck C.

R.D.A.- Don T.

CRSC Webservant- Don T.

CRSC Outreach- Don T.

CRSC Mtg. Coordinator- Linda L.

CRSC Literature- Brad K.

CRSC H&I- OPEN

CRSC PI- OPEN

CRCNA Chair- Dave R./Neal H.

CRCNA Vice Chair- Neal H./Alan H.

CRCNA Treasurer- Johann M.

Boulder RCM- Rob L.

Mile High RCM- Jason H. & Brad K.

Mountain West RCM- Vicky K.- Absent

Off The Wall RCM- Karen C. & Christopher L.- Absent(both)

Pikes Peak RCM- Mary Kay A.

Serenity Unlimited RCM- Absent

Southern RCM- Kent Mc.

Minutes were approved as written.

Reports:

Chair- No Report

Vice Chair- Great weekend, CRCNA.

Treasurer's Opening Balance: \$2,496.41

CRSC TREASURER'S REPORT

14-Nov-04

Opening Balance - September 12, 2004 **\$5,252.92**

Expenses:	Amount	Check #
Linda Lundgren - September meeting and Copies	\$212.39	196
WSO - Literature - Limon Correctional Facility	\$37.50	197
WSO - Literature - Mile High Area H&I	\$1,668.60	198
NAWS - Donation	\$1,000.00	199

Receipts:	Amount	Check #	YTD
Mile High Area	\$25.00		\$125.00
Mountain West Area			
Off The Wall Area			\$400.00
Pikes Peak Area	\$100.00		\$200.00
Serenity Unlimited Area			
Clean & Serene Group			\$47.80
Golden Group	\$16.50		\$81.50
Southern Area			
CRCNA XVII			\$1,324.17
Really Last Chance Group	\$9.42		\$9.42
Road to Golden Recovery group			\$20.00

Total Receipts	\$150.92	
Total Expenses	\$2,918.49	
Void Check #172	\$11.06	
Ending Balance - September 12,2004	\$2,496.41	

Opening Balance - November 14, 2004 **\$2,496.41**

Steve K, CRSC Treasurer

R.D.- Worked on Outreach Guidelines. Will attend Rocky Mountain Zonal Forum next month.

R.D.A.-

Not much here, looking forward to attending the Forum in Windsor in December.

CRSC Webservant-

WEB SERVANT/ RESOURCE REPORT

Due to some personal issues I have yet to complete the searchable meeting database. I hope to have it completed for testing by Dec 1st and have the regional schedule automatically generated from the database by Jan 1st . The last update to the regional schedule was over a month ago and I will be doing the update this afternoon.

I sent the books of to Limon the first week in November, so the check may not have cleared the bank as of the last statement.

Family member requests are down, the last two months have seen a lot of interest in "specific substance" addiction and information about it. My general reply is:

"We do not care what you used...only what you want to do about your problem and how we can help. Many of our members have used _____(specific substance) and can offer suggestions on how to live your life free of _____ and all other mind or mood altering substances. Our suggestion is that you try not to use _____ today, attend one of our meetings and stay afterwards to talk to our members, one on one about your specific issues. Attached you find a meeting schedule with meetings that are close to your home."

If a request for a treatment facility or detox center is made, I suggest the yellow pages or speaking to their family physician for a referral or suggestion. I also add that most of our membership worldwide got clean and stayed clean without the use of professional help, and suggest meeting attendance once again. I am open to any suggestions as to what content I should include in addressing e-mails of this type.

CRSC Outreach - Guidelines submitted.

SERENITY UNLIMITED

Unable to contact Andrea, spoke to two members of the Serenity Unlimited Area Service Committee at CRCNA, and one more via e-mail. Apparently the SU Area is once again having some organization problems, they did not ask for any assistance at this time.

SOUTHERN

I was contacted Kent Mc by e-mail requesting information on where this meeting was today. I was also contacted by an addict from Trinidad requesting information on what the RSC and Regional H&I Chair entailed. I replied to both addicts and hope to see one or both of them at RSC today.

MOUNTAINS WEST

I spoke with current Area chair at CRCNA and requested him to give me a call after the dust settled to speak about his area issues. I still have yet to hear back from him.

OFF THE WALL

Karen and Chris will not be attending today. I have a printed copy of their report.

In Loving Service,

Don T

CRSCNA Web Servant, RDA, Outreach

CRSC H&I- OPEN Position

CRSC PI- OPEN Position

CRSC Meeting Coordinator-

TO: COLORADO REGIONAL SERVICE COMMITTEE

DATE: November 14,2004

SUBJECT: Regional Meeting Locator Report

Mile High Area - 11/14/04 Meeting of the COLORADO REGIONAL SERVICE COMMITTEE

Hopefully, this venue is meeting our needs. Enjoy the food..

Southern Area - 1/9/05 Meeting of the COLORADO REGIONAL SERVICE COMMITTEE

See attached flyer for info. I will need a check to "Holiday Inn" in the amount of \$114.06 which pays for our meeting room and one gallon of coffee. As this hotel has a catering business, we are unable to bring in any kind of food or munchies. Coffee, water and some hard candy will be available. Also note the hotel has a restaurant which is open for breakfast only on Sundays from 7-11am if you need something prior to the CRSC... This is at your own expense.

Boulder Area - 3/13/05 Meeting of the COLORADO REGIONAL SERVICE COMMITTEE

Could I please see Rob & Don at the break today. Even tho I truly love the "usual" meeting place when we go to Boulder - perhaps it is time for us to hold a CRSC in Brighton or Longmont???

Off The Wall Area - 4/16/05 Meeting of the COLORADO REGIONAL SERVICE COMMITTEE - REGIONAL ASSEMBLY

I am looking into holding this assembly in Estes Park on this 3rd Saturday if OTW wants to consider hosting something on Saturday nite?? or for lunch?? or whatever....

Mile High Area - 5/15/05 Meeting of the COLORADO REGIONAL SERVICE COMMITTEE

Heads up, I will be looking for meeting space in Aurora or Parker.

Let me know if you all know of space or are going to hold some function...

Thanks for letting me be the CRSC RML (Regional Meeting Locator) as it has been fun and addict-experience-intensive. I am enjoying myself!!

Submitted lovin' service still,

Linda L.

CRSC Prudent Reserve Adhoc Committee – Steve K. – Rob from Boulder volunteered; Steve has last 2 years of regional budgets; Will have a meeting in 2 weeks; Will have a written report at January CRSC.

CRCNA Chair- No Report

CRCNA Treasurer- No Report

AREA RCM Reports:

Boulder-

CRSC - 11/14/04 - Boulder Area RCM Report - Rob L

Boulder Area is doing well, meeting attendance has been strong, service committees are doing their thing, and we have filled a few of our no longer vacant Area level service positions. We will have a CRCNA Liaison for the next year, and Angie has come on board as an RCM for Boulder. The only Area position left open is Activities Chair. That being said we do have a few activities coming up. A few members are starting a running group that will meet on Saturday mornings and is open to all levels of fitness, and we will be having Marathon Meetings and Fellowship on New Years Eve, starting at 9pm and going until 7am. The PSA project we have been working on finally began to air in early October, and our phone line has experienced a 70% increase in volume of calls this past month.

Submitted in loving service, Rob

Mile High-

Next meeting is Dec. 5th at 1212 Mariposa, 2:00 pm.

Training H&I – Phoneline – Outreach

Nov. 14th at 6750 Carr, 5:00 pm.

Also these subcommittees have their monthly meetings today.

H&I – 15 – 20 facilities always get requests and in need of more support.

Phoneline – Shifts available – Vice Chair needed.

PI – Vice Chair needed. Professional mailings on hold due to database problems. IP distribution – 9 total N.A. IP racks in hospitals and institutions.

Outreach – Received 10 letters this month. Responded to 19 letters, 2 meetings on wheels, 4 books sent to prisons.

Activities – Dec. 11th is in planning. New guidelines approved.

Web – We approved new guidelines and are starting an annual inventory. We went from using the regional meeting list to our own MHASC meeting list.

Literature – Want to redo guidelines and looking for help from other areas with literature committees.

New women's meeting starting Nov. 17th, Wednesdays, at 7:30 pm. Location is JFT, 1395 S.

Sheridan.

Our area has decided to conduct an area inventory.

Area donation is \$50.00.

Jason and Brad, MHASC RCMs

Mountain West- No report

Off The Wall-

RCM REPORT TO THE R.S.C

November 10, 2004

The Off the Wall ASC met on Nov. 7, 2004 @10:00 in Loveland

We now have an open position for H&I Chair, thank you for serving Larry J. On the good side of H&I, we have officially started bringing in the new Women's Meeting in Larimer County Jail. It has been long coming! We no longer are doing a panel H&I meeting at the Island Grove Treatment Center, but there is a meeting going on in the facility. We are still taking meetings into the Women's prison in Brush CO-Lori B. is our liaison-thank-you Lori!

We had a dance and kar-e-oke night in Greeley last weekend hosted by Addicts Seeking Sanity-Many addicts attended, lots of fun. We are planning a New Years Eve bash, formal dance. We have a new activities chair Brad M. and we are looking forward to a year filled with lots of activities for us addicts! Congratulations Brad M.

We discussed having to move our Area meeting next month-in the event of a Safeway strike. -More will be revealed!

Our new ASC Chair is Jason B.

Our area has a newly elected Lit. Chair John. As well as a new Merchandise Chair, Heather. We still have not elected a Vice-chair, many have been nominated but the position is still vacant.

Our Area is going through a positive change, we finished our ASC meeting 20 minutes early (Yeah), and we are working as a team to serve our area. Since the Regional Committee Meeting in July, we now have been holding each other accountable. We are seeing a lot of wonderful, learning, and growing Progress in our area. Most of all UNITY!

Grateful to serve,

Karen C RCM I.

Pikes Peak-

**CRSC
PIKES PEAK AREA
RCM REPORT
November 14, 2004**

The Pikes Peak Area of Narcotics Anonymous met on October 7 and November 4, 2004. Linda L. completed her term as RCM for the Pikes Peak Area and we thank Linda for her service as RCM and for her continued Regional service work.

Our sub-committees are all doing a wonderful job of carrying the message in their various capacities. Please check our web-site linked through the Colorado Region website for upcoming activities in the Pikes Peak Area.

We would like to thank CRCNA XVIII for a wonderful convention this year. Many Pikes Peak Area addicts attended and loved the format, location and of course the wonderful fellowship. Thanks to each person that made this possible beginning with the CRCNA XVIII Committee. Pikes Peak looks forward to CRCNA XIX being held in Pueblo and we have persons that are interested in Executive Committee positions as well as Sub-Committee Chairs and Committee members,

Thank you for allowing me to be of service.

**In loving service,
Mary Kay A.
RCM**

Serenity Unlimited – No Report Southern Area –

Last meeting was Oct. 31st. Location was CDU Parkview, Pueblo, CO 584-4343, last Sunday. Next meeting is in November. Try to meet once a month.

Activities – We have 2 dances

1st dance was a learning experience. We lost money on the dance.

2nd dance –“Halloween” went over really well. Well attended with a live band. Made money - \$352.00 clear. Good job!

3rd dance – New Year’s Eve. Live band.

H&I – Rick D. is H&I chair. Attending Trinidad Prison on Wednesday. Resistance on trying to set up meeting in county jail. Put together H&I cans- taking literature into jail.

Voted in area chairperson, Steve V.

Activities chair stepped down and voted in new chair, Donna.

Still having a hard time getting all groups active in the area.

2 new N.A. groups

- New group started in Alamosa.

- Dave took a few addicts over to support new group. We plan on doing this more.

- Took over Saturday meeting in Trinidad.

Kent Mc., Southern Area RCM

Old Business:

Nominations and Elections:

PI Chair- Still Open

H&I Chair- Still Open

CRCNA Chair- Neal H. was elected

CRCNA Vice Chair – Alan H. elected

CRCNA Treasurer- Johann M. was elected

CRCNA Secretary – Open

Open Discussion/Sharing:

- * Key to Storage Locker – Dave R. and Neal H. – 2 outstanding keys – Torri needs a key.
- * P.O. Box Keys – Steve and Rhonda
- * What about new Vice Chair – Elections will take place in April.
- * Zonal Forum disbursements for RD & RDA meetings and attendance. \$242.00 – Will bring receipts.
- * Off The Wall Friendship House- Concern around grants with N.A. name being used. Will check further into this. (Torri)

New Business:

January- Revisit Pikes Peak request for money on H&I proposal.

Proposals:

Closing Treasurer's Report: \$1,652.52

Donation to NAWS: \$0

Meeting adjourned at: 2:00 p.m.

THANK YOU, JOHANN M. FOR TAKING MINUTES IN MY ABSENCE! IT WAS GREATLY APPRECIATED!

ANNOUNCEMENTS:

Need H&I and PI Regional Chairs

New Meetings in Southern Area:

Road to Golden Recovery – 1600 24th St. – Pueblo -Tue. @ 6:30pm

Peace of Freedom – 811 Main St. – Alamosa – Thur. @ 7:00pm

Next Regional Meeting:

January 9, 2005 - Pueblo, CO 10am

Holiday Inn (Site of CRCNA VIII)

4001 N. Elizabeth

Pueblo, CO 81008

719-543-8050

check lobby board for CRSC meeting location

TO DO LIST/TAKE ACTION LIST:

1. RCM's to announce PI and H&I Chair positions are still OPEN.
2. Chuck and Torri to organize H&I meeting
3. Rob and Torri to organize PI meeting.....Rob to make a list.
4. Torri will be holding both meetings before the January CRSC.
5. Copies of Outreach guidelines need to be distributed by RCMs.
6. Steve call Public Storage to settle issues.
7. CRCNA Chair needs to find keys and give to Torri. CRCNA members need to pass on duties, keys, etc. to new CRCNA members.
8. Steve to audit CRCNA treasurer funds.
9. CRCNA committee to pay taxes ASAP.
10. RCMs announce CRCNA needs a secretary.
11. CRCNA has a meeting on January 8th at 11:00 a.m. at the Englewood Public Library.
12. Torri.....Include phonline resource position into PI and Outreach for April Regional Assembly. (Agenda)
13. Torri.....Get in touch with Vicky or Shelley (Mountain West) about large print texts and monies around their treasurer to pay for these.
14. Torri and Linda will look into Friendship House and what it entails in Off The Wall Area. Community donations and grant writing.